Gnostic Astrology – Gemini 2

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Gemini, Mercury and the Astral Plane

Gemini is the house of Mercury. RAPHAEL is the Genie of Mercury: he looks like an old man with a long beard and with a face the color of fire. He holds the trident of the transforming atoms in his hand... The Lords of Mercury assist all those who ask for help. The color of the Hierarchies of Mercury is Yellow or Golden-Yellow. The Lords of Mercury are now teaching humanity how to travel in the Astral Body. Thus the disciple inevitably must be concerned with learning how to do so. **The authentic Mystery Schools are found in the Astral Plane**, to visit them: it is necessary for the disciple to learn how to 'Separate' into the Astral Body.

It is necessary for the student to learn how to enter into those Sanctuaries of Internal Instruction in the Astral at will, in order to receive direct teachings from the Masters of the Great White Lodge. The main objective of the exercises of Gemini is to learn how to use and maneuver the Astral Body.

Samael Aun Weor's Clues for Separating into the Astral Body

It is urgent for the Theurgist to learn to travel to the other Stars of Infinity and to learn how to enter the Sidereal Temples in order to manipulate their Rays and induce Cosmic 'Sparkles'. When the disciple becomes skillful in Astro-Theurgy, the Sidereal Gods then accept them as a lay brother or sister and give them a gray-colored robe and a rod or wand. This is the robe of the Esoteric Astrologer, the Theurgist, the Authentic Alchemist, and **as one progresses in one's wisdom, one receives different degrees**. Here are some clues for traveling in the Astral Body:

1st. Mantram "Rusti" Lie down on your bed in a horizontal position. Relax the body so that no muscle applies pressure on the Astral Body. Fall asleep while pronouncing the mantram "Rusti"**.** This mantra is pronounced mentally. In those moments the student must become a "spy of their own sleep". When the student feels themselves absorbed within that state of drowsiness that precedes sleep, then they must get out of bed and leave the room. But if they do not float, then the disciple must once again get into bed and repeat the experiment.

2nd. Sound of the Keynote In an almost imperceptible manner, a keynote always resounds within the brain of every living being. That keynote is related to the Ray that each person belongs to, and seems to come from the cells of the cerebellum. Some hear the sound of small flutes, others will hear the gong, others the roaring of the sea. If the disciple silences all their thoughts in the calm of the night, then they will hear their keynote; then they can willingly cause that note to vibrate loudly, and when the note is already so loud that it invades and semi-paralyzes the entire physical body, then the disciple must get out of bed...

3rd. Return Practice If you find yourself dreaming that you are at a certain place and you then awaken: remain still, become sleepy once again and with your imagination put yourself back into the same place you were dreaming about. When you feel yourself there again: cling to that place of the dream with your willpower as if trying to continue the dream just as it was unfolding. Imagination and willpower united in vibrant harmony is the key to this clue.

4th. Concentration While falling asleep, concentrate your imagination and willpower intensely (uniting them in vibrant harmony) on a certain place or location. The concentration must be perfect; then begin walking with faith in the "imagined" place. You must not imagine that you are imagining, because the experiment will then fail, instead you must really feel yourself at the imagined place and totally forget the bedroom. This must be done during the state of transition between vigil and sleep.

5th. S.O.L. Keep in mind that during ordinary sleep the soul usually wanders in all those familiar physical places or locations and is occupied with the same labors and toils of daily life. Therefore, you must become accustomed to asking yourself during your entire routine day the following: "Where am I? Am I within the physical body or out of it?" in the presence of something which attracts our attention, such as a crowd of people, a funeral procession, a strange object, etc. Then you will take a little hop with the intention of floating. It is logical that if you float, it is because you are out of the physical body...

6th. Affirmation/Self-Suggestion Before falling asleep in your bed, you will do the following exercise of self-suggestion:

> **"I am going to sleep. So, wherever I appear now will be in the Astral Plane because I am in the Astral Body. I will recognize myself; I will recognize myself; I will recognize myself, and direct myself to the Gnostic Church."**

You can do this self-suggestion for half an hour and then peacefully fall asleep. Once in the Astral, you will mathematically recognize yourself, and at the time of awakening, do not move. Do a retrospective exercise in order to remember where you have been.

7th. Mantram "Omnis Baum Igneos" Put yourself to sleep pronouncing the mantram: "Omnis Baum Igneos". While syllabifying the mantram, prolong the sound of each vowel and pray to your Innermost to take you out of the physical body. Then softly get out of your bed and go to the Gnostic Church.

When the Theurgist "leaves" the Physical Body, they travel to the Sidereal Temples in the following manner: The Astral Body begins to walk in concentric circles, with the intention of reaching the Heart-Temple of a determined star.

Samael Aun Weor's Practices to Gather the Energy of Gemini

1st Exercise

1. The disciple lies down horizontally on their bed, relax the body and take five breaths of air with the intention that the light penetrates into their lungs and bronchi.
2. They will then open their arms and legs with each inhalation and close them with each exhalation.
3. Then, seated on a comfortable chair, the disciple will ask their Intimus (the Inner Being) to take them to the constellation of Gemini, to the sidereal Gods of those temples, so that they will prepare their organism for practical magic.

2nd Exercise

4. Pray to the Intimus or Inner Being as follows:
   "My Father, you who are me myself, you who are my true Being, I beg you to transport yourself to the Principal Star of the Constellation of Gemini, to bring the Principal Genie of that Constellation to this humble home, so that he may heal my lungs & limbs and prepare my organism for practical magic".
5. Cross the hands over the heart and Salute the Guardians of the Heart Temple
   a. Bow to the right, inhale and then say 'Jakin'
   b. Bow to the left, inhale and then say 'Boaz'
6. Again pray to the Intimus or Inner Being:
   "My Father, take the 7 sacred steps within, towards the interior of the temple, and kneel down at the feet of the Principal Genie of Gemini, begging him to come and prepare my organism for practical magic and to inundate my lungs & limbs with Light".
7. Then the disciple pronounces the mantram: **AOM** (4 times).

Note: We can also vocalize "A" for the chakra related with the Lungs, and "I" for Imagination.