

Dream Yoga and the Astral World – Notes 4

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Meditation and Prayer to Awaken

Those who cannot come out in the Astral body owe it to having lost the faculty and then they have to **reconquer this faculty through daily meditation. Meditation is a scientific system in order to receive internal information.** It is in this way (through daily meditation), that one awakens Consciousness from its deep sleep. With meditation our Astral Body is transformed, our astral experiences are made clear, and we gradually learn to come out in the Astral Body at will.

Supraconsciousness is an attribute of the Inner Divinity (the Inner Being, our Spirit) and its faculty is intuition. Whosoever wants to develop Supraconsciousness should practice internal meditation daily. Concentrate on the Divine Mother who resides in the depths of your Being. Meditate on her. Fall asleep praying that she may put your Supraconsciousness into activity. Meditation is the Daily Bread of the wise. With meditation you will develop Supraconsciousness...

Internal Tests and Protecting Oneself Against Attacks

During sleep, in the internal worlds, we have to pass through many ordeals. As we have already mentioned: **during the hours of sleep, the Masters test their disciples, but the tenebrous also attack us during sleep when we are working in the Great Work.** There is no doubt that the tenebrous ones usually attack those people who look for the Path of Light.

It is clear that the powers of darkness also live in the invisible world. They watch, and when they see that a soul tries to escape from their claws, then they make efforts in order to turn them aside, in order to move them away from the Luminous Path. We should memorize certain prayers so that we can protect ourselves both before we go to bed and during our astral experiences. We should learn to conjure the tenebrous ones in order to make them flee. The Angel AROCH taught Samael Aun Weor the following conjuration against the tenebrous ones which is sung:

“BELILIN, BELILIN, BELILIN,
Amphora of salvation; I would like to be near you;
Materialism has no power next to me,
BELILIN, BELILIN, BELILIN.”

The Magician defends themselves against attacks with the Magic Circle and the Esoteric Pentagram. The Pentagram is the 5 pointed star, which we can draw or print out and place at the door of our bedroom, with 2 points towards the outside and 1 point pointed inside.



The Magic Circle is made with the help of the Elemental Intercessor. We can defend ourselves from witchcraft by invoking our own Elemental Intercessor. He knows about herbs, about enlightenment, about stars, etc., because he is an expert in the Elemental Magic of Nature. He is called upon wholeheartedly when going to bed. When you trace the Magic Circle around yourself (whether it is with your sword or only with your willpower and imagination united in Vibrant harmony, or with both at the same time) you must pronounce the following Mantrams: **“HELION, MELION, TETRAGRAMMATON”**.

Remember, we can also ask for help from different Angels: ANAEL is the Angel of Love and of the Astral Light; RAPHAEL is the Regent of the Sephira *Hod* (the Astral World); GABRIEL is the Angel of the Moon (the planet that corresponds to *Hod*); and SAMAEL is the Angel of Mars (War), who can defend us. To invoke an Angel, we say: “In the name of the Christ, by the Power of the Christ, by the Magisty of the Christ: I call upon you” and then you say the name of the Angel three times.

Conjurations of the Four and of the Seven

In order to achieve Initiation we have to steal the fire from the devil, therefore it is up to us to fight great battles against the Black Lodge. Victims of witchcraft should defend themselves incessantly with the Conjurations of the Four and of the Seven. Solomon the Sage left us two very powerful Conjurations in order to combat demons. One has to conjure the tenebrous with the sword.

CONJURATION OF THE FOUR:

“Caput mortuum, imperet tibi dominus per vivum et devotum serpentem!
Cherub, imperet tibi Dominus per Adam JOT-CHAVAH!
Aquila errans, imperet tibi Dominus per alas tauri!
Serpens, imperet tibi Dominus Tetragrammaton, per Angelum et Leonem!
MICHAEL, GABRIEL, RAPHAEL, ANAEL!
FLUAT UDOR per Spiritum ELOHIM!
MANEAT TERRA per Adam JOT-CHAVAH!
FIAT FIRMAMENTUM per JOD-HE-VAU-HE ZEBOATH!
FIAT JUDICIUM per ignem in virtute MICHAEL!
Angel of the blind eyes, obey, or pass away with this holy water!
Work winged bull, or revert to the earth, unless thou wilt that I should pierce thee with this sword!
Chained eagle, obey my sign, or fly before this breathing!
Writhing serpent, crawl at my feet, or be tortured by the Sacred Fire and give way before the perfumes that I burn in it!
Water, return to water! Fire, burn! Air, circulate! Earth, revert to earth!
By virtue of the Pentagram, which is the morning Star, and by the Name of the Tetragrammaton, which is written in the center of the Cross of Light! Amen. Amen. Amen.”

CONJURATION OF THE SEVEN:

“In the name of MICHAEL, may JEHOVAH command thee and drive thee hence, Chavajoth!
In the name of GABRIEL, may ADONAI command thee, and drive thee hence, Bael!
In the name of RAPHAEL, be gone before ELIAL, Samgabiel!
By SAMAEL SABAOTH, and in the name of ELOHIM GIBOR, get thee hence, Andramelech!
By ZACHARIEL and SACHEL-MELECK, be obedient unto ELVAH, Sanagabril!
By the divine and human name of SHADDAI, and by the sign of the Pentagram which I hold in my right hand, in the name of the Angel ANAEL, by the power of ADAM and EVE, who are JOT-CHAVAH, be gone Lilith! Let us rest in peace, Nahemah!
By the Holy ELOHIM and by the names of the Genii CASHIEL, SEHALTIEL, APHIEL and ZARAHIEL, at the command of ORIFIEL, depart from us MOLOCH! We deny thee our children to devour! Amen. Amen. Amen.”

Transmutation and the Great Work of Mastering the Creative Energy

In the center of the Earth one finds the Sacred Symbol of the Infinite. All organisms rotate around this symbol, as does the human body of one who wishes to Self-Realize. There is always an eternal struggle: “Brain against Sex”, “Sex against Brain”, and “Heart against Heart”. If Sex dominates the Brain, then it leads to a fall and the Pentagram (representing the Human Being) becomes inverted, remaining with the lower points facing upwards and the head downwards.

To become a Master of the 4 Philosophical Elements of Nature and get out of the Cycle of Returns & Recurrences (or the Wheel of Samsara) is a terrible struggle. **We need to gain command over all the Centers of our Human Organism** and the most difficult to control is the Sexual Center, but with Wisdom and Love: we can take advantage of this very powerful energy. Without sex we would not exist, and without sex we cannot Self-Realize. The Key to the Great Work is to never spill the ‘Cup of Hermes’ within which is contained the ‘Mercury of the Secret Philosophy’ (the ‘Ens Seminis’). This is also called ‘White Tantra’ in the East, the sexual connection between man & woman without the loss of the creative energies, sexual union without the spasm.