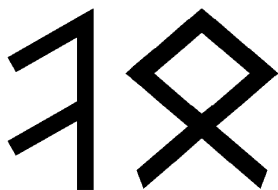


Gnostic Runology – The “OS” & “ODIL” Runes and their Practice

<http://www.GnosticStudies.org/Runes>

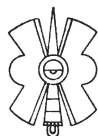
The “Os” and “Othil” or “Odil” Runes According to Huiracocha



The Os Rune 𐀫 is under the influence of Scorpio and, like the Fa Rune 𐀫 𐀬 (which had its arms upwards), the Os Rune has its arms downwards in a similar way. This Rune is complemented with another which is the Othil or Odil Rune 𐀭 and the Olin symbol in Mexico, both of which represent movement.



So, after having placed the arm at the waist (in the Dorn Rune 𐀫 position), place both arms down & sideways, and then both arms at the waist to complete the Mantram, saying “THORN..... T.....O.....R.....Nnnnn” (which, when we remove the ‘N’, becomes ‘THOR’, ‘TOR’, ‘DOR’ or ‘DOOR’ in English). This Rune is the door that opens for the attainment of Internal Powers. Let it be well understood, that the door is opened if we have charged ourselves with Willpower and with what we call Persistence/Insistence [Insistencia]. Above all, you have to do a previous concentration when doing the exercises.



Olin, in Aztec, is the sign of Quetzacoatl: God of the Wind, God of Life; and thus, Olin is the Rune of respiration. Therefore you have to charge yourself, inundate yourself, with air, with life, with Prana, aspirating through the nose and then exhaling the breath while saying the Mantram: “T.....O.....R.....Nnnnn”.

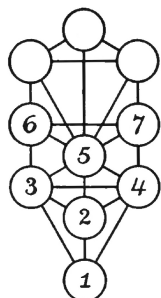
Armed, then, with Willpower and while concentrating on creating magical forces, once making an inspiration, the air is retained in the lungs each time while affirming:

“I am all Power, all Will, and all Movement. The Thorn and Movement Runes are realized in me.” [Alternatively: ‘All Power, all Will, and all Movement are realized within. The Thorn and Movement Runes are realized within.’]

From this moment on, the disciple must impose their will, feeling capable, powerful, making whatever they wish prevail (without hurting others, without ceasing to be kind, and affectionate to all). But from the whole of our being, there must be something imperative, so that others say: “This person is strong, and knows how to command.” One should never say: “I can not do this or that”, instead one must say: **“I CAN”**



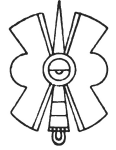
If the magical-runic value of the Thorn or Dorn Rune 𐀫 is 3 (or the Trinity), then the Os Rune 𐀫 is represented by 4 and, thus, these two Runes form the Septenary or 7. The two together represent (as we have said) Willpower, Action, as well as the All; but also Death & Reincarnation (or Return), the Lap/Bosom (or Womb), the Mouth, the Christ as Logos, as well as Oration and Respiration.



The disciple must meditate on these practices which are composed of a Septenary or the Seven Bodies (one encased within the other) and that one’s breath & respiration must permeate them all at the same time. In the interior, this produces something like an amalgam, in such a way that the air goes to each of the corresponding bodies (that is to say, some more material, others more subtle), so that the air acts and drives itself into all our vehicles, bringing the Cosmic Christ to us, and leading us to our Divine Origin (from which we have departed and to which we must return). But before this becomes possible, we must try to act on our physical organism, on our body (which is our instrument) by using the practices and exercises that have been carefully guarded for centuries by the Secret & Initiatic Societies, among whom the Rose-Cross Fraternity has always excelled as a guardian of Runic Magic.

The “Os” and “Othil” or “Odil” Runes According to Samael Aun Weor

The strength/force of willpower is the tremendous force of sacrifice... it is the crown of thorns of the Master. The willpower and movement of the Kundalini are intimately united. The force of willpower is the THORN Rune and its movement is symbolized by the OLIN sign of the Aztec-Mexicans.

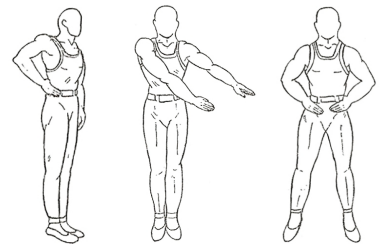


The **THORN** and **MOVEMENT** Runes enclose the secret of our liberation. It is necessary to have the force of willpower in order to place the Kundalini in motion (movement).

The Hierarchies related with the elemental department of the cedar tree have the power to open the door of OLIN. This door is situated in the inferior orifice of the spinal medulla, and through it we enter the great mysteries of the fire. The Mantram in order to open this door is **THORN** which is pronounced by prolonging the sound of each vowel as follows: **Toooooorrrrrrrnnnn**.

The Mantram **THORN** has the power to place the Pure Akasa into motion in order to awaken the Kundalini and to make it rise through each one of the thirty-three vertebrae of our spinal column. This Mantram has the power to reinforce the Pure Akasa within our Brahmanic cord. **OLIN**, the sacred sign of the Aztecs, is the door to enter into the great mysteries of the fire.

The exercises of **OLIN** must be performed by placing the right arm upon the waist; then both arms must be extended towards the left side of the body and, at the end, both arms must be placed upon the waist, while vocalizing the Mantram **TORN**. The vocalization must be combined with inhalations and exhalations of pure air with the intention of carrying the vital Christ to each one of the seven bodies.



The **OLIN** sign is governed by the zodiacal sign of Scorpio which controls the sexual organs. We know that the whole power of the Kundalini is found in the Phallus and in the Uterus; and the secret for awakening the Kundalini is contained within the union of the two. Nature has its origin in the fire and the entire power of the fire is found enclosed within our sexual organs.

We must profoundly study the problem of Sexual Transmutation for single people. Samael Aun Weor said that the medicine against the subjective states that produce nocturnal pollutions is Sexual Magic. Yet, there is a need for clarification... While we remain very *alive* (in other words, while we remain with the EGO existing in the 49 regions of the Subconsciousness), then erotic dreams will inevitably continue. What occurs is that through the practice of the Sahaja Maithuna (Sex-Yoga), the Chela (Disciple) becomes accustomed to refraining the sexual impulse and, thus, when an erotic dream occurs, the mind then instinctively refrains the sexual impulse. **Clearly such a formula helps when one has continuity of purpose.** Thus, daily practice is needed, year after year, with intensity.

Unfortunately, this formula only works when one has a spouse, but, what about those who are single, who do not have a spouse? Then what? **Those who are single can and must utilize the creative energy for the Awakening of the Consciousness.** What we need to know is the technique, so let us now enter, in full, into the fields of the OS Rune. This Rune vibrates intensely with the Constellation of Scorpio, which is very important because this court of stars is found intimately related with the sexual organs. This is the same OLIN Rune of Aztec Mexico and it is esoterically related with the famous THORN Rune.

Among the Aztecs, OLIN is the mystical symbol of the God of the Wind, the lord of Movement. The name of the corresponding angel is EHECATL. He was the one who intervened in the resurrection of Jesus by transmitting Prana (life) into the body of the Great Kabir, saying: “Jesus rise with your body from within your tomb.”

The angel EHECATL (the God of the Wind) is certainly an extraordinary Guru-Deva who lives in the World of Conscious Willpower and has power over the Sylphs of the Air. **So now we can see the intimate esoteric relationship between the OS and THORN Runes (Movement and Willpower).**

In the sacred land of the Pharaohs, the Sphinx corresponds to the Elemental Sphinx of Nature, who is the mysterious instructor of the Holy Devic College. All the Gnostic brethren would like to talk face to face with the Elemental Sphinx of Nature, to have a dialogue with the Devas, or to walk with EHECATL. But in order to do so, it is necessary to Awaken the Consciousness, to open the door, to call with Persistence/Insistence [*Insistencia*], to set our Willpower in motion (movement). Observe very carefully the two diagrams of the 1 OS Runes. In the same way that the 2 FA Rune has its two arms upwards, the OLIN Rune has them downwards, and this is profoundly significant.

PRACTICE: During these Esoteric practices, there is the need to successively alternate movements by placing the arms in the first position (sideways downwards), then, in the second position (placing the arms on our waist as in the Dorn or Thorn Rune). You must combine the movement with harmonious and rhythmic breathing. Inhale the Prana through the nose, and exhale it through the mouth along with the mystical sound “TORN” (prolonging the pronunciation of each letter).



When inhaling, imagine the sexual forces rising, ascending from the sexual glands throughout the pair of sympathetic nervous cords (Ida and Pingala) reaching the brain, then afterwards continuing towards the heart. When exhaling, imagine the sexual energies entering the heart, and even penetrating more deeply, reaching the Consciousness in order to awaken it, striking it with force, with *Thelema* (Willpower), thus combining the Thorn and Movement Runes.



Afterwards, pray and meditate. Beseech the Father who is in secret, asking Him to awaken your Consciousness. Beseech your Divine Mother Kundalini, beg Her with infinite love to raise the sexual energies, to make them reach the heart and even further, to the very depth of your Consciousness. Love & pray, meditate & supplicate. Build FAITH like the grain of mustard and you will move mountains. Remember that DOUBT is the beginning of ignorance. “Ask and it shall be given you, Knock and it shall be opened unto you.”

Gnostic Supplement: The “Thorn/Dorn” and “Odil” or “Olin” Runes

From Ch. 43 of *Tarot & Kabbalah [Tarot y Kabbalah]* (1978):

Our single disciples of both sexes can practice transmuting their Sexual Energy with the OLIN Rune:

1. In the standing position, the disciple will inhale and exhale rhythmically several times.
2. In keeping with the inhalation of air, the imagination and will must be united in vibrant harmony so as to make the Sexual Energy rise through the two ganglionic cords of the Spine until it reaches the Brain, Eyebrow Center, Neck and Heart, in successive order.
3. Then the breath will be exhaled, the disciple firmly imagining that the Sexual Energy is secured in the Heart.
4. Upon exhaling the breath the disciple will vocalize the Mantram “THORN” in this way: THOOOORRRNNNN.
5. With the practice of the OLIN Rune, various movements of the arms should be carried out.

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From Ch. 31 of *Christic Willpower [Voluntad Cristo]* (1959):

We already know that Willpower is music itself, and this is why we affirm that Music-Willpower allows us to transmute our semen into Christic energy.

If we consider the fact that only through the force of Willpower can we control the sexual act in order to transmute the water into wine, then we arrive at the logical conclusion that, for us, music is the only thing that can open the secret chambers of the Spinal Column.

This is ARCANUM TWENTY ONE of the Tarot. This is the Third degree of the Fifth Serpent.

Disciples will perform this exercise by putting their right hand on their waist or hip, and subsequently they will vocalize the syllables: **TI-TE-TO-TU-TA**, prolonging the sound of each vowel; then immediately after they will vocalize the mantra Thorn as follows:
Toooooooooooooorrrrrrrrrrrnnnnnnnnnnnnnn.

We know that for those whose willpower is weak, Sexual Magic is very arduous and difficult, and this is why we recommend our disciples first of all to practice the exercises of the **THORN** Rune in order to acquire the force of Willpower, which will allow them to use Sexual Magic heroically.

Music-Willpower acts upon our waters (seminal energy), transmuting it into Christic energy, that is to say, into the wine of light of the Alchemist.

The **THORN** Rune is SOLAR and is governed by the Zodiacal Sign LIBRA. We already know that the Zodiacal sign LIBRA governs the Kidneys. Upon our Kidneys are two Chakras that register our degree of Chastity or our degree of animal fornication.

This is why the BIBLE states:

"Notwithstanding I have a few things against thee, because thou sufferest that woman Jezebel, which calleth herself a prophetess, to teach and to seduce my servants to commit Fornication, and to eat things sacrificed unto idols.

And I gave her space to repent of her Fornication; and she repented not.

Behold, I will cast her into a bed, and them that commit Adultery with her into great tribulation, except they repent of their deeds.

And I will kill her children with death; and all the churches shall know that I am he who searcheth the kidneys and hearts: and I will give unto every one of you according to your works." – Revelation 2: 20-23

Clairvoyants can observe in the Chakras of the Kidneys a dirty red color in the fornicator, and an immaculate white color in the Chaste.

The Colors of the THORN Rune are orange, green, and yellow. The precious stone of this RUNE is the CARNEOL (or Carnelian), and its metal is Gold.

Music-Willpower is the Sacred Arcanum of TRANSMUTATION. Music permits us to transmute water into wine.