

Gnostic Runology – The “YR” Rune (Supplement 1)

<http://www.GnosticStudies.org/Runes>

The “Laf”, “Man” and “Yr” Runes According to Glorian Publishing

In another class¹ given on the *Glorian.org* website, these three Runes are studied together:



[14] **Laf**: Life (the Law of Life), Lake/Water (the Waters of Life), the Chalice (Holy Grail), Leaf (Growth), Initiation, Lapis (Stone – Yesod/Sex).



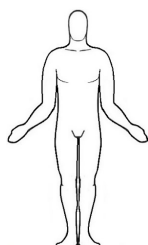
[15] **Man**: Man (Masculine), the Heavenly Man (Spiritual Being), Divine Sex (Transmutation), the Monad, *Manas* (Mind, Head), *Manus* (Hand – Willpower), the Power to Unite, the Rune-Tree or Tree of Humanity.



[16] **Yr**: Woman (Feminine), the Earthly Man (Physical Being), Negation, Error, Confusion, Intoxication, the Fool (Fornication), the Work in the 9th Sphere, the Roots of the Rune-Tree.

The *Laf*, *Yr* and *Man* Runes are intimately related. We cannot speak about one without taking into account the other two. As you can see, the † *Yr* Rune is an upside down † *Man* Rune, and as its name indicates: the † *Man* Rune represents man, while the † *Yr* Rune symbolizes the woman (who are opposites). Between them we find the † *Laf* Rune, which symbolizes the Cubic Stone of Yesod.

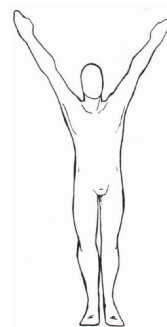
In order to perform the † *Laf* Rune, we start in a standing position with the arms forward, forming a 45-degree angle with the body and the hands at the level of the sexual organs. Then we have to walk towards the East, the sunrise. This is because the † *Laf* Rune relates to a certain prayer made while walking, which we are going to learn in this lecture.



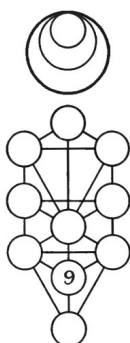
To perform the † *Yr* Rune, the arms open toward the left and right sides of the body forming two 45-degree angles. The arms are in a similar position to those of the † *Laf* Rune, but to the sides of the body, instead of in front. In other traditions the † *Yr* Rune is performed by standing on one's head. Amongst the yogis in the Hindu tradition there is an asana called “Sirshasana” in which the practitioner places their whole body on their head and stands on it.



The † *Man* Rune is performed by lifting the arms aloft, in order to pray. We will also see how these last two Runes († *Man* and † *Yr*) relate to each other in regards to the practices of esotericism.



The Laf Rune, the Holy Grail and Alchemy



The symbol of the † *Laf* Rune relates with the human body in motion. Remember the † *Laf* Rune means life, which is related to the sexual force. The sexual energy of the Holy Spirit is related to the Solar Force. The † *Laf* Rune indicates that the true life (the eternal life that we are searching for, the power of the Grail) resides in Yesod, the sexual organs.

We have stated that the Philosophical Stone is the same as the Holy Grail and that (as a symbol) it relates to our physicality, our own physical body. Yet, the Grail also symbolizes the Stone of Yesod (Sex) as well as the Mind. So when we talk about the Stone of Yesod, the Philosopher's Stone, and the Grail, they are the same thing.

¹ <https://glorian.org/learn/courses-and-lectures/runes/runes-laf-yr-and-man>

When you know Alchemy, when you are a practical Alchemist, then you have to know these different interpretations through intuition. If we do not know Alchemy, then we will not understand why the Stone is called the Grail, because indeed the other symbol of the Holy Grail is the feminine Yoni, the sexual organ of the woman.

We have told you that the Grail symbolizes your physicality (Malkuth) which is also feminine. But in the feminine body, the Grail is the sexual organ.

So, when a man is looking for the Grail, he is looking for a woman. That is why we have placed a woman performing the ♀ *Laf* Rune in this graphic — in order to indicate that the most perfect representation of the Grail is the woman, because she has the cup that the Knight needs in order to drink wine.

Who is the Knight that finds the Grail among the Knights of the Round Table? If you know about the quest of the Grail's legend, then you know that Parzival is that Knight. Wagner wrote the marvelous opera *Parsifal*.

Master Samael Aun Weor wrote a book, "Parsifal Unveiled", in which he describes the mysteries hidden within Wagner's great opera. The Opera *Parsifal* was based on the 13th century German book *Parzival* by Wolfram von Eschenbach (which was based on the unfinished 12th century French romance *Perceval, le Conte du Graal* by Chrétien de Troyes).

In his opera, Wagner calls Parsifal "Falparsif" which in Arabic apparently means "the innocent fool". If we observe the roots of the two words "Fal-parsif" when we pronounce them, then we find that "Fal" derives from Phallus, and "Parsif", from Parsee, Persia, the Parsees.



Yet, based on the Latin language, we will say that "Parsi" is 'Per-se'. Thus we have: "Fal-parsi," the "Phallus *Per se*". Parsifal (the "Phallus *Per se*") is the only one who can find the Grail, because the Phallus is the male sexual organ that penetrates the "Grail", the feminine sexual organ. This is how, in the past, the Mystery of the Grail are hidden within the name 'Parsifal' or 'Parzival', in order for the Initiates to understand and why Wagner calls him Falparsif, "the innocent fool."

Who is the fool that falls inside the Grail? The man who penetrates the woman and fornicates: when he reaches the orgasm, he is the fool. All of us, men, are the fool, the "Fal-parsi". Only through the Grail can we re-conquer Youth, because the Grail (the Philosopher's Stone) is the ♀ *Laf* Rune (Life).

See how everything is hidden and why the Masters of ancient times left everything chiseled in stone, in order for us to study? However, the main point here is that people always like to read things literally. They do not use their intuition. When you read something esoteric, you have to sit, close your eyes, and meditate.

Why is Parzival the one that finds the Grail? Why does Wagner call him "Falparsif"? When you study the language, the Word, the Logos (which is Christ, the origin of all languages), then you see how everything is hidden within the sacred words, letters...

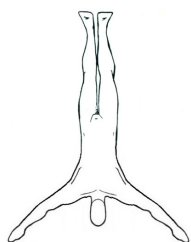
Man, Yr, and Hagal Runes

When united together, the man (the ♂ *Man* Rune) and the woman (the ♀ *Yr* Rune, which is the opposite) form the ✱ *Hagal* Rune, within which all the letters of the Runic alphabet are hidden.



In other words, every word (the Logos, the Christ) is hidden between the man & the woman.

When man & woman perform the sexual act, they are before God. Thus, because humanity ignores the mystery of the Grail and the Spear (the mysteries of sexual esotericism), when they perform the sexual act: they fornicate, thus, they become the fool.



The fool is represented by the upside down man who does not respect the Grail. This is why the † Yr Rune is also represented by an upside down man: the man who falls into Fornication.

This is also why any black magician is represented by the upside down cross, because by means of the sexual act (the cross) they fornicate and fall. **Nevertheless, we cannot state that the † Yr Rune is 100% negative; better to state that it is dual.** Its duality is based on how we utilize sex.

Remember that it is necessary to descend into the Ninth Sphere in order to enter into Initiation. The † Yr Rune indicates the descent into such duality.

This descent reminds us of Peter (the Apostle of Jesus) who was crucified upside down. Does the crucifixion of Peter on the upside-down cross means that Peter is a black magician? No! It indicates that if we want to rise, we first have to descend by means of the crossing of the two † Laf Runes, however we must be nailed to this cross if we do not want to fall (meaning we must not fornicate but transmute the sexual force).

Thus, the † Laf Rune rises up, but not by renouncing sex. Otherwise, how can we be impelled upward?

This is what many people in this day and age misunderstand: knowing that the Spear and the Grail hide the mysteries of sex (the † Laf Rune, the sexual force, the mystery of Self-Realization), they want to renounce sex, thus they become monks and nuns. This is good for someone that is not married (to be a nun or monk), in order to prepare themselves for matrimony. But to think that you are going to Self-Realize thereby is 100% a mistake. Nobody can do it, because the mystery of the † Laf Rune indicates that when you unite the arms of two Lafs, then you form the letter M of matrimony.



You can see the two Lafs forming the letter M in the shape of the man & the woman, holding hands. Their hands are always at the level of their genitalia because this is how the man & the woman unite, through the sexual act.

They can pronounce their vows in a religious ceremony together, etc., but the real moment in which those two physicalities, psyches, and Spirits join in one body is in the sexual act, and that is why the sexual act in matrimony is sacred; it is a sacrament. Yet, everybody performs the ceremony (in whatever religion to which they belong) and thereafter when they go to perform the sexual act, they act like the fool: they fornicate.

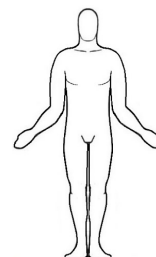
Only the Initiates (who know the mystery of the † Laf Rune) know that when they go into matrimony they have to perform the sexual act without reaching the spasm, or the orgasm of the animals, in order to steal the fire from the devil and to give life to themselves. Most people feed the devil.

What devil? The ego that we have within; namely, lust, the animality that we have within—that is the devil. Thus, the devil is not outside; it is within, and God is also within.

The Hebrew letter **Mem**, or M, is pretty significant; it is always related to the Holy Spirit. We taught about it in other lectures in relation with the Hebrew Alphabet. Thus, we know that the letter *Mem* relates to sexuality, to the Holy Spirit, to Matrimony, and to the two *Lafs*.

The Yr Rune and Peter

If we look at the body posture of the **Yr** Rune, we can see that it is made by standing on our feet. There is a similarity with the **Laf** Rune's posture, yet the **Yr** Rune shows the two arms separated from the body and making not one but two 45° angles. The body posture of the **Yr** Rune indicates that the descent is related with the work in the Ninth Sphere, since it is openly showing the genitalia, which is precisely its profound significance. The following statement of the Apostle Peter is related:



“...Behold, I lay in Zion a chief corner stone, elect, precious. And he that shall believe in him shall not be confounded. To you therefore that believe, he is precious: but to them that believeth not, the stone that the builders refuse, the same is made the head cornerstone: And a stone of stumbling and a rock of offence...” – 1 Peter 2: 6-8

When we talk about sex, people are scandalized. People are offended when we clarify certain rules related to sexuality, because through it we uncover the degeneration which every one of us has.

When he was going to be crucified, Peter asked, "Please, do not crucify me as my Lord (in the form of the **Man** Rune). I want to be crucified upside down, the opposite of my Lord (the **Yr** Rune)."

Peter the apostle represents Faith, the Faith that we develop in the pineal gland, which is where we have the atom of the Holy Spirit. The pineal gland controls the sexual force. In order for us to control the sexual energy, we need to fortify Peter in our pineal gland. In order to fortify the pineal gland, we need to transmute. This is how Peter is capable of building the Church of the Lord:

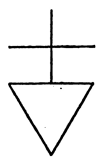
"I say also unto thee, That thou art Peter, and upon this Rock I will build my church; and the gates of hell shall not prevail against it." – Matthew 16: 18.

The rock of offense, the stumbling block, is sex, because only the sexual force can create the inner bodies, the *Merkabah*, within each one of us.

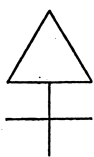
Peter Crucified and the Yr Rune

This is why, in the picture of Peter's crucifixion, he is lifting his head, as if to say, "Behold, I am going to work with the Earth". The Cross is going to be inserted into the Earth (symbolizing the woman).

But he is lifting himself from the Cross, as if to say, "You do the same. When you unite yourself with 'Eve' (the woman): lift yourself, lift your sexual force to 'Adam' (the head) and know that 'Adam' (your head or brain), has to control 'Eve' (your sexual organs)."



Sex
dominates
Reason



Reason
dominates
Sex
[Sulfur]

Usually sex controls the brain (which is why it is degenerated). If we start controlling our sexual force, then our brain will develop; thus, we will perceive things that we cannot easily perceive when it is degenerated.

When we talk about all of these symbols, people ask us, "How do you know that?" This is because we put other parts of our brain into activity, since we practice sexual transmutation. When people fornicate, they ignore that the one who receives the punishment for their Fornication is "Adam" (their brain).

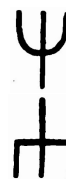
So, when they read Religious or Esoteric books, they do not understand, since they cannot perceive, because their brain is damaged. If we want to regenerate our brain, then we need to transmute our sexual force (the Life we have in our body), thus the brain will start developing.

Superlative perception is Peter, because Peter is in the pineal gland, related with the *Sahasrara* Chakra (the Crown Chakra). With Peter's crucifixion, he is indicating that it is necessary to descend and that man & woman must be united in the sexual act in order to do so. This also means that each one of us has their own particular, individual, archetypical Peter.

You have to allow your archetypical Peter to descend with you into the sexual act and to help you to transmute your sexual force in order to ascend into the higher Sephiroth.

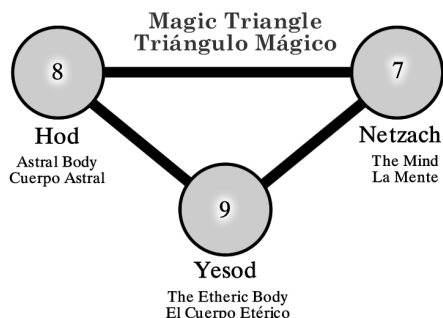
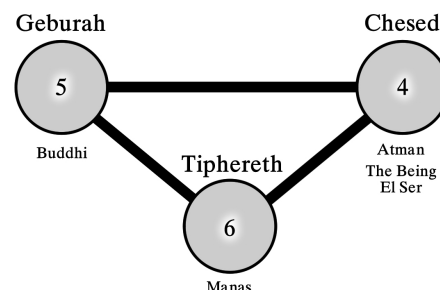
"The descent into the Ninth Sphere was, in the ancient Mysteries, the greatest ordeal in order to prove the supreme dignity of the hierophant... Every authentic and legitimate White Initiation begins here." – *The Perfect Matrimony*

Sexual energy is the origin of everything. If you want to create a true disciple of the Lord Christ within you, then you have to imitate Peter. Which is why he was crucified upside down because the † Yr Rune also represents to us: the terrestrial man, the earthly human being (who is below), opposite of the Heavenly Man (the Divine human being), the † Man Rune (which is above).



The Man Rune, the Yr Rune and the Monad

The † Man and † Yr Runes relate with the trident: the upright trident relates to the *Man* Rune, while the † Yr Rune is an upside down trident. The three upper parts of the trident on the † Man Rune represent the Monad, the True Man in us, our Divine Triad (Atman-Buddhi-Manas), related with the Sephiroth Chesed, Geburah, and Tiphereth.



The † Yr Rune relates to the Sephiroth Netzach, Hod, and Yesod, which are the three brains that we have to work with.

Within each one of you there is a Monad who is a Master. Of which degree? Well, you have to discover that by yourselves. And, if he has a lower degree, then work with the Stone, the † Laf Rune (Life).



"Man"



"the Stone"



"Woman"

Remember that the † Laf Rune is 'between' the † Man and the † Yr Runes (the man and the woman) and that the 'heavenly man' is inside: it is your Monad. This is why it is stated that "within every woman there is a man".

For instance, in English we say "wo-man". I asked my wife, "What is the 'Wo', in the 'woman', because I see the word 'man' there?" She answered me, "It is a man with a womb, capable of creating, better than you." And I said "Yes, she is right."

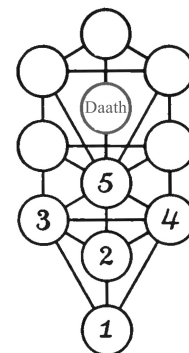
Even though I, as a man, can create here internally, with the help of my woman (my wife), the woman is also a "man" capable of creating too: she needs only a seed. When she receives the seed in her womb, she creates a child. All of us were created within the womb of that 'man' who is called female, wo-man, womb-man. Behold the beauty of that name.

Thus, the woman says, "I need a seed, husband. Give me your seed, and I will create for you a son. But, if you approach me with Chastity, and you do not fornicate, then I will create within you the Son of Man, which is even better."

The Son of Man is the union of Eros (the Son of Venus) and Psyche in Greek Mythology.

"The Son of Man is born in the Ninth Sphere. The Son of Man is born of Water and Fire. Water is the woman; fire is the man. When the Alchemist has completed their work in the Mastery of Fire, then he (Tiphereth, their Soul; not their mind, not their ego) receives the Venustic Initiation." – *The Perfect Matrimony*

Why is it called the Venustic Initiation? Because the son of Venus (Aphrodite) is Eros, or as we say in Christianity, the son of Mary (the Goddess Venus, the Goddess of Love) is Jesus (Eros).



Jesus Christ is Eros, the God of Love who is born when the Alchemist reaches the Mastery of the Fire; that is, when he reaches the Fifth Initiation of the Major Mysteries. In other words, by means of the ✠ *Yr* Rune, the Initiate (man or woman) with their spouse descends (with Peter) into the Ninth Sphere in order to take the Life from the ⚡ *Laf* Rune.

"The betrothal of the Soul (Psyche) to the Lamb (the Son of Venus) is the greatest festival of the Soul. That great Lord of Light (Eros) enters Her (the Psyche). He becomes human; She becomes divine. From this divine and human mixture, that which with so much certainty the Adorable One called "the Son of Man" is born. The greatest triumph of supreme adoration is the birth of the Son of Man in the manger of the world." – *The Perfect Matrimony*

That Eros (the Son of Venus) is Jesus (the Son of Mary), who is born when the Initiate receives the Initiation of Tiphereth. The one who receives Eros is the *Manas*, the Monad (since the Superior *Manas* is the Human Soul). It is the Soul, Psyche, Tiphereth, who receives Eros.

In Greek mythology the Soul is represented by Psyche, because the soul is always represented by that feminine aspect inside of us who is marrying the Lord, Eros. That union is precisely the great goal for every Initiate—to receive that force we call the Lord (Eros, Jesus, Osiris, Quetzalcoatl).

According to Greek mythology, the trinity is: Chaos, Eros, and Gaia. Gaia is the Earth; Chaos is Uranus, the Sky or Heaven; and between them is Eros (the Son). So to incarnate Eros is equivalent to incarnating Jesus Christ within us; the same as developing the Lord within, developing *Manas*.

The LAF Rune

Now, the ⚡ *Laf* Rune (in which the hands form an angle of 45 degrees) is indicating the way that you have to lift your hands—up. After you lift your arms, forming an angle of 45 degrees with your body, then you just walk towards the East.

It is good to perform this Rune on the 27th of each month. In the Internal Planes, the temples perform special rituals on the 27th. So, at dawn (four o'clock in the morning), you just perform the position of that Rune and walk as the Rune indicates, towards the East and pray.

What type of prayer? Whatever you want to ask from your Inner Christ, your Inner Master, your Inner Monad, your Inner Goddess, the Divine Mother. Honor your Father & your Mother, and pray.



What do you need? You have to ask for whatever you need, with simple words, as if you are talking to your mom or dad in the physical plane. The way you talk with them when you ask for a favor, in the same way you talk with your Inner God (remember: “to pray is to talk with God”). Thus, with a very slow motion, walk towards the East. It could be inside your home, or outside—it does not matter—but the prayer has to go down, inside you.

Now, when you reach the East, and finish your prayer, then perform the ✚ *Man* Rune and a prayer to the Lord as well. Raise your arms and say: "Oh Thou Solar Logos, Igneous Emanation..."

That prayer is called the ‘Universal Prayer of the Gnostic Church’ which is the Church in which the Lord, the Christ, internally works. The Lord is in the Gnostic Church; you can only find the Lord in the Internal Planes. Actually, the ✚ *Man* Rune can be performed every day, but the † *Laf* Rune is only on the 27th, as the Master Samael Aun Weor indicates in his book on the Runes.

The MAN Rune

The center of the Tree of Life is Tiphereth, which corresponds to the heart. The Solar Work is done between two hearts, because the mystery of the Philosophical Stone always relates to two hearts (man & woman). This is indicated in the union of the ✚ *Man* and † *Yr* Rune, previously explained.

The ✚ *Man* Rune, which comes after the † *Laf* Rune, indicates that the Human Soul (whether that of the woman or of the man) is the one that has to work in the Ninth Sphere (represented in the † *Yr* Rune).

Man reminds us of *Manas* ("mind" in Sanskrit), and of *Manus* (Latin meaning "hand").

This is why in all the body positions of the Runes, the hands have a special relation with the solar energies that we have to handle. In many scriptures the hand always points at willpower, the action that we have to perform when we want to do something spiritual. For example goodwill is explained thus:

“These things saith he that holdeth the seven stars in his right hand (*Manus*), who walketh in the midst of the seven golden candlesticks... Hurt not the earth, neither the sea, nor the trees, till we have sealed the servants of our God in their foreheads (*Manas*).”

And ill-will or evil will:

“If any man worship the beast and his image, and receive his mark in his forehead, or in his hand, the same shall drink of the wine of the wrath of God.” – Revelation 2:1, 7:3, 14:9

The Book of Revelation states that either the seal of God or of the beast is received on the forehead (*Manas*), and "Willpower" relates to the hands (*Manus*). All of this relates to the ✚ *Man* Rune.

In regard to *Manus* (Hand), the hand of Jesus Christ comes to mind. He is always painted performing the following hand-symbol: the thumb, index and middle fingers of his right hand pointing upward (like the three upper lines of the ✚ *Man* Rune) while pointing at his heart with his left hand.



It is profoundly significant that the ✚ *Man* Rune is related with *Manus*, the right hand and the heart of Christ; indicating with it that everything we do with our hands, every action of our Willpower (Tiphereth, the heart) relates to the mind, *Manas*. Remember that the seal of God is received in the forehead.

[...To Be Continued...]