Gnostic Runology – The "AR" Rune (Historically)

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The "Ar" or A-Rune According to Friedrich Fischbach (1900)

ᛏᛁᛦᚠᛩ Fischbach does not give an explanation for this Rune, but puts the *Jer, Jar, Jahr* Rune in its place (which we will study as the 19th Rune).

The "Ar" Rune According to Guido Von List (1907)

ᛦ **ar**, Sun [*Sonne*], *Urfyr*, Aryan [*Arier*], Eagle [*Adler*], and so on.

I use the Tenth, when through the Air
Haunting Horseriding-Women fly:
When I start the Magic, they will begin to ride confused
In their Shaping and in their Striving.

ar=Rune ᛦ

The "*Ar*", the "*Urfyr*" (*Ur*-Fire, God), the "Sun", the "Light", destroys both the spiritual as well as the physical Darkness, Doubt, and Uncertainty.

The Aryans (the Sons-of-the-Sun [*Sonnensöhne*]) founded their *Rita* (the *Ur*-Law) in the Character of the *Ar* ᛦ, whose Hieroglyph is the "*Aar*" (Eagle). This is because the Eagle sacrifices itself, to itself, by consecrating itself in the *Urfyr* to Immolation or Death-by-Fire [*Flammentode*], in order to be reborn [*wiedergeboren*]...

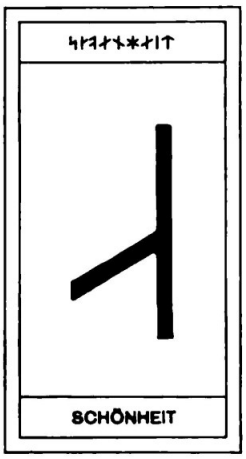


That is why the Eagle was called the "*Fanisk*" and later "Phoenix", and why – as a emblematic Hieroglyph – an Eagle flew up from the Funeral Pyre of a celebrated person, to indicate that the Deceased (rejuvenating themselves in Death) was preparing themselves for Rebirth, in order to strive for an even more glorious future Life, despite all the Repression by the Dark-Ones, which forcelessly collapses before the "*Ar*".

Therefore: "Respect/Heed/Watch [*Achte*] the *Urfyr*!"

NOTE: We present List's information here for historical purposes. However, let us remember that every person on this planet from our present Root Race is considered Aryan, according to the Theosophical, Anthroposophic and Gnostic understanding (not just one group or color, etc).

The "Ar" Rune According to E.T. Kurtzahn (1924)



Exoterically: Beauty [*Schönheit*].
Esoterically: Completion/Perfection [*Vollendung*].
Generally: Aryan, *Aar* (Eagle).

While in the feminine *Ka*-Rune ᚴ the Triangle formed by the Trunk and Arm Points downward (thus indicating the earthly Life with all its Imperfections and its almost constant torment arising from the Descent into Matter/Substance), here in the *Ar*-Rune the tip of the Triangle Points upward again.

This indicates the completed/perfected [*vollendete*] Human Being (or 'Aryan'), who will one day rise like a Phoenix from the Ashes of Matter/Material.

When this occurs, the perfected Human Being [or Solar-Human] will be able to soar like an *Aar* (a Royal-Eagle) up to their original eternal Home-of-Light which was left in *Ur*-Times… perhaps because of a longing for individuation and these conditioned experiences…

Nevertheless: the term 'Aryan' means nothing other than 'Children- or Sons-of-the-Sun [*Sonnensöhne*]' and the *Ar*-Rune ᛦ is therefore also assigned to the Sun, which (for the Earth as well as for the other Planets) readily embodies the *Ur*-Fire.

The magical Authority of this Light-Rune disintegrates any Haunting [*Spuk*], even by just thinking about it.

The "Ar, Or, Er, Ra" Rune According to R.J. Gorsleben (1930)

Letter A and Number 10.

Ar Rune or *Aar*, Eagle, the royal bird, which broods in the heights and strives upward towards the Sun, the Aryan, the eagle and the solemn image of the sons of the Sun.

Dr. Friedrich Teltscher's *Ur*-word is *Wandlung* meaning "Transmutation" as well as Transformation, Change, Alteration; Transubstantiation.

A tenth one I find, when female magicians
fly high in the air
I cause it that they are confused and stop
all violence and destructive intent.



Ar is the Sun Rune: *Ar-Aar* = eagle, *Ar-yan*, nobleman, *Arr* = master, *H-ar* = the high one, *Har-istos* = the highest one. *Or, Ar* in many languages is still Sun and/or gold, even in Hebrew it is still: "[ויהי אור] *Jehi-Or!* = there is Light (Sun), *Ar!*"

Ar is the *Ar-Ur*-fire of the Sun, and since all God worship (since ancient times) was worship of the light, of the Sun, in the name of the *Arr*, the *Har*, "*Harr*" or "*Herrn*" (the Lord). This is where the *Herd* or *Hearth* (kitchen stove) comes from. The kitchen stove was the *al-tar*, the light creator and therefore also became the sanctuary of the giver of the creation of light, of the *Gibor*-altar (consider the rock of Gribraltar, which means *Gibr* = 'rock', *al* = 'of the', *tar* = 'bird').

The *Ar*-man, the *Arman* is the sun-Priest. In the shadow image of this Rune we could see the side of the *Ar-Ganger*, Ar-Walker striding to the right, towards the *Rechts* (Right/Law) of the Sun, who follows the Solar circle (*arc* = arch). He wanders, walks, strides symbolically his Destiny, the skillful *Sal* (*Sal* = the Skillful salvation of Man), who comes from the Father-House, and returns to God, returning again to the Father-House.

Thus every Man who returns again to his origin, coming from the *Aar*, from the Sun, and going to the Earth, is an *Ar*-man, a Sun-and-Earth-Man, a Light-Bearer, like the Sun itself, which goes from Rising, to Radiating, to Setting, in perpetual Cycles.

Circling the globe I am following the rising Sun. Thus, my path to the Light is eternal like the Sun! From the Sun and the *Ar*-men who follow its orbit (i.e., the *Armanen*, the *Hermanen*, the *Irmine*), the human being receives the law of the times and with this is the first and only law there is. The world is a place of eternal change and of a will that works according to a plan and timing.

The *Ar*-Rune is the *Aar* (the Eagle) that flies in circles, as well as the Sun above the stones of the Earth that are arranged in circles (like Stonehenge). And the priest who wanders in the circle following the *Ar* (or yearly orbit of the Sun) is the *Armane*, the mirror image of the orbiting universe.

The cosmic man (who has the name of Adam Kadmon) had also received the name of *Jahr-man* from our ancestors, the *Ir-mann*, the *Hir-mann*, the *Ar-man*.

Here, too, belongs the *Hir-mon*, Hiram, the builder of the world in the Masonic tradition. But from the *Har-man*, the "high man" evolves with the "*Ar*-many", the 'harmony' of the world, which sounds in the music of the spheres... The *Ar-man* is, thus, also the one who plays the *Ar-fa*, the *Harfe* or Harp, the harp of the world.

If *Aar* is the Sun and light, then the turning away from the Sun means darkness and shadow. The Rune calls upon us to: "Pay attention to the Primordial-Law [*Urgesetz*], the Primordial-Fire, and do not let yourself be pulled away and turned away from the Light-Teachings and the Light-Knowledge [*Lichtlehre und Lichterkenntnis*], otherwise you will irreversibly go into the darkness of all spiritual and physical baseness [*Nieder-tracht-ig-keit*]."

The words, sentences and images of the traditional Christian and non-Christian dogmas contain (when correctly read and interpreted) the same *Ur*-wisdom (in a symbolic language) which was kept away from humankind for a long time because of baseness and ignorance.

The "Ar" Rune According to S.A. Kummer (1932-1933)



(A) The *A*-Rune, *Ar*, *Aar*, Eagle, Sun-Eagle [*Sonnenaar*], Eagle-Man [*Adlermann*], Elder, Aryan, *Arman*, the Son-of-the-Sun [*Sonnensohn*]. *Arr* = Lord [*Herr*], *Aar*-Fire, *Harmann* the high Man, the Sun-Man [or Solar Human Being], Harmony. – Numeric-Value 10.

Aar-Fire = the *Ur*-Fire, the Sun-of-God [*Gottsonne*]. Harmony = *Ar*-mony. *Ar* = Field/Farmland [*Acker*], the Farmer, the One who Plows and the Caretaker/Caregiver of the divine Land & Soil. *Ar*, Aryan, the Lord of the Earth; *Ar* the Measurement-of-Land (Acre) or Measurement-of-Earth.

The *Ar*-Rune signifies streaming Solar-Force, Sun-Light [*strömende Sonnenkraft, Sonnenlicht*]. It is the Rune of Initiates and of Guides/Leaders who banish all Violence.

Ar = *Arahari,* the spiritual Sun, the Cosmos, the Son/Child. *Ari, Arimann, Aryaman*, the Sun-Man or Sun-Woman.

Aar, the High-Flying Eagle. The Eagle is still, today, the Heraldic-Animal of the Sons-of-the-Sun, who regain their strength through the *Ur*-Fire and become victorious, reborn, true Aryans [that is: Solar-Humans].

Ar is the Rune of the Light which resolves all Uncertainty and Doubt; it embodies the *Ar-Ur*-Fire. *Ar*, the Light- and Sun-Rune that banishes all Haunting and magical Violence.

The Demonic of the *Ar*-Rune  is the Non-*Ar*, the Fool [*Narr*]. Non-*Ar*-ness is Non-Truth, Folly. The Bad/Terrible [*Arge*], the Dark [*Dunkel*]. The creeping opponents of Light-Wisdom.

The *Ar*-Rune is also the Rune of the Healer, the Curer, the Doctor [*Arztes*].

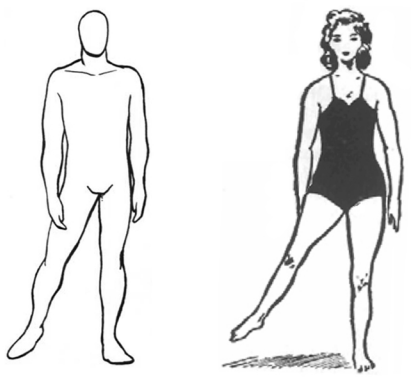
Motto: "Aryan [or Children of the Sun], attend to the *Ar-Ur*-Fire!"

Full Body Rune Exercise(s):

The following Rune-Position especially intensifies the Practitioner's Force [*Kraft*] to defeat & to banish low-sensual Influences [*niedrig-sinnliche Einflüsse*] and demonic black-magical Powers.

The Student takes the *Is*-Rune-Position, Facing North. After the Breathing-Exercises follow Meditations which are directed against bad/ill/evil Influences [*schlechte Einflüsse*].

One then stretches the right Leg sideways. Seen from the north, the following position results: ᛦ. One sings "a-a-a-a-r" and now physically represents the *Ar*-Rune ᛦ .



Only with several Repetitions of this Rune-Position is the Depth of this Rune and its streaming Solar-Force [*strömende Sonnenkraft*] revealed to the Practitioner.

The *Ar*-Fire will penetrate into the Practitioner more and more. One will grow into the true '[Child- or] Son-of-the-Sun [*Sonnensohn*]', the Aryan [or Solar Human Being].

This Rune-Position also has a special Secret, and this Door will open up to the pure Practitioner.

Additionally, the *Ar*-Rune-Position has the following phonetic formulas: "a-a-a-r-a", "a-a, e-a, i-a, o-a, u-[a]"

Hand Rune Exercise ('Mudras' or "Rune-Grips"):



Fig.10

The Rune Practitioner should take up the *Ich*-Rune-Position (Military "At-Attention"); this is followed by a deep Breathing-Exercise three times, with thoughts directed toward physical and spiritual purification; which must be observed with all the Rune-Grips. Figure 10 shows the *Ar*-Rune-Grip which is executed right-handed and with the thumb bent as far as down as possible.

Here, when singing the "A-a-a-a" sound especially electrical Subtle-Forces [*besonders elektrische Feinkräfte*] are accumulated in the hand, causing the Practitioner to feel a subtle Tingling and a slight Stinging/Prickling in the thumb, the Base-of-the-Thumb, and the Middle-of-the-Hand; the outstretched Fingers begin to vibrate slightly.

Remember that each Rune-Grip must be repeated three times (for 3 Minutes each, followed by a short Pause in the *Ich*-Rune-Position between sets), since otherwise no satisfactory Collection of Subtle-Force [*Feinkräfte*] can be reached in the Hand-Centers.

Thoughts or inner Meditations are directed towards Absorbing *Ar*-Fire and Solar-Force [*Ar-Feuers und der Sonnenkräfte*].

This Grip has a particularly rejuvenating and strengthening effect on the Life-Force [*Lebenskraft*].

When it is Circulated in the Body by conscious-willpower [*willensbewußt*], a strong effect is produced on the solar plexus.

The astral color is silver-grey to light/bright grey-green.