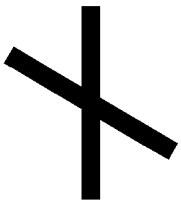
Gnostic Runology – The "NOT" Rune and its Practice

http://www.GnosticStudies.org/Runes

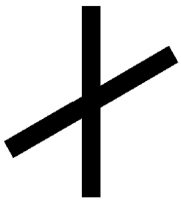
The "Not" and "Ehe" Rune According to Huiracocha



We must, first of all, protect ourselves from those who threaten our souls. The German word "Not", signifies (among other things) danger, but in the Rune itself is the power to reject it. From the moment the student of occultism acts upon the superior planes (which happens whenever occult practices are done) they not only call upon and bring forth positive protective forces (Gods, Elementals, etc), but they also draw the attention of the negative forces (demons, inferior astral entities) that must be immediately rejected. For these purposes the NOT Rune is utilized and gives an extraordinary power.

In the NOT Rune, there are the precepts of the Night, of Nothingness, of the *Norns* of Karma, of Danger and of Death. We know that Karma is the law of just equilibrium and of compensation. Reward and punishment come to us in this life in order to even out or balance the virtues or defects that we have had in past lives. Karma is not blind, that is to say, we do not have to put out our cheek in order to receive the slap that we gave to another in a previous life. Karma can also be exhausted and canceled through good deeds in general, and through Magic. It will be said that this would hurt Justice itself, but this is certainly not true. One who has developed Occult Powers, must have achieved enough virtues (and Vibrations similar to those Virtues) that this can, therefore, do nothing less than produce the corresponding effect.

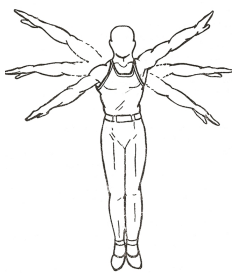
With the practices of the NOT Rune, Karma is canceled and we prepare ourselves for a happy future. The ancient Nordic Mysteries, in explaining this Rune, said: "DO NOT OPPOSE YOUR KARMA, CANCEL IT" and immediately delivered this sacred weapon of cancellation. One who doubts the power of this Rune, just needs to let their practice make them recognize its effects. Karma constantly threatens us and, when a suffering comes to us, we must submit ourselves because we have earned it. But the Magician who knows how to handle the Runes does not expect that kind of punishment to come, unless they avoid doing the NOT Rune practices...



This is also the Rune of Marriage and thus the *Ehe* Rune (mirror of the *Not* Rune). All religious sacraments are, to a certain extent, operations of Magic and marriage is the perpetuation of a Magic that can be white or black depending on the character, or purity of love, that both spouses bring. The single man or woman has only partial forces, but by uniting in marriage, the positive & negative powers are coupled in order to form a stream of tremendous and effective power. When the couple unite themselves in a true embrace of love, this engenders a powerful force capable of making inconceivable miracles...

The practices of this Rune leads to solar and lunar breathing filling the chest first with air that must enter through the right nostril and that we must then expel through the left nostril while counting to 12 [*Pranayama*]. Once these practices are advanced, then the initiates are advised to stop counting and, instead, one must remember an echo of the past that has been recorded in our subconscious. The objective is to arrive at the memory of our past lives and to remember the bad actions with which we engendered Karma, and that we now want to heal with the present practices.

PRACTICE: The gymnastic practices consist of opening the arms and, once thus, forming a Rune by opening an arm that forms an angle of 135 degrees and the other of only 45. During the exercise you have to say "Ni..... Ne..... No..... Nu..... Na....." making sure that the corresponding sound or vibration goes to the tips of our fingers, always thinking that the defensive and protective forces are awakening in us. Do so with the corresponding calmness and stillness and its result will work in your favor and give you the Magical power of this interesting and mysterious rune.



The "Not" Rune According to Samael Aun Weor

It is urgent, and necessary to truly study the famous **NOT** RUNE. One day, Samael Aun Weor was sitting under the shade of a tree and saw some ants crawling on the ground. So he decided to meditate on the ant... Then, after concentrating very deeply, he came into contact with the MONAD of the ant. The Monad of the ant seemed to be a beautiful twelve year old girl. She was dressed with a white tunic with a dark blue cape. Her eyes were of an evocative beauty, her gestures like that of a Prophetess. Her innocent smile was like that of the *Mona Lisa*, and with such lips that no one in heaven or on earth would dare to kiss. So, what did this girl say? Terrible things, she spoke about her very horrifying Karma. "We the ants" said this Monad, "have been punished by the Lords of Karma, and we suffer a lot..."

Many centuries before the first root-race appeared upon the face of the earth, those non-human creatures (which today are named ants & bees) were living on this world. They had Evolved, but never in life had they entered onto the path of the Revolution of the Consciousness. It is obvious that Evolution can never lead anyone to Intimate Self-Realization. It is normal that every Evolution is inevitably followed by an Involution. Every rising is followed by a setting, every ascension is followed by a descent. These creatures came to renounce the idea of a superior knowledge and of the Esoteric Circle of life. Thus, they established their faith a Marxist-Leninist type of gibberish... Their way of understanding was mistaken and the result is shown to the entire world. Thus, this is what the ants & bees are: they are INVOLUTING, retarded and regressive creatures. Today, we are astonished when we contemplate a bee's honeycomb or an ant- hive, but we only lament that they now lack intelligence and that they have become mechanical...

Let us talk about the Forgiveness of Sins. Can perhaps Karma be forgiven? We say that it can. When an inferior law is transcended by a superior law, the latter has the extraordinary power of washing away the former. Nevertheless, there are lost cases, such as those of the ants & bees... Let us consider the two types: the incurable Karma (like that of bees & ants) and the forgivable Karma. Let us now talk of Negotiations which are possible with the NOT RUNE.

The **NOT** Rune in itself signifies DANGER, but, it is obvious that the power for intelligently avoiding this danger resides within the same RUNE. Those who tread the Path of the Razor's Edge are incessantly combated by the tenebrous ones, and so they suffer the unspeakable. Therefore, they can and must defend themselves with the **NOT** Rune. We can beseech, ask Anubis and his 42 Judges of Karma for help with this **NOT** Rune, in order for them to consider negotiations. <u>We must not complain because of Karma, since it is negotiable.</u> Whosoever has capital from good deeds, can pay without the necessity of suffering.

1st PRACTICE: The practices of the NOT Rune take us to Pranayama, to the wise and intelligent combination of Solar and Lunar atoms. You must profoundly inhale the vital air, the Prana, the life, through the right nostril, and then exhale it through the left nostril while mentally counting up to 12. Afterwards, inhale through the left nostril and then exhale through the right one, and vice versa. Continue with this exercise for 10 minutes. Afterwards, the student must sit down or lay on their back (face up), with their body relaxed, and concentrate trying to remember their past lives.

2nd PRACTICE: If you urgently need to negotiate with Anubis, then, you must open your arms to the sides. While in this position, you must form the Rune by placing one arm at an angle of 135 degrees and the other at an angle of 45 degrees. Then, the arm which was at 45 degrees will move in order to form an angle of 135 degrees, and the other arm will move to form the angle of 45 degrees. The right and left arms must alternate in their movements. During this exercise, you must chant the Mantrams, "**NA, NE, NI, NO, NU",** while concentrating on Anubis, the Chief of Karma. In this manner, beseech him for the help needed.

