Gnostic Runology – The "NOT" Rune (Historically)

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The "Naud, Noth" or N-Rune According to Friedrich Fischbach (1900)



The *Naud* = *Noth* Rune shows a vertical Staff [*Stab*] with a line through it. This probably means Destruction or Extinction of the Fire [*Vernichtung oder Erlöschen des Feuers*]. Anyone who was fireless, at that time, was in *Noth*, that is to say, in 'Need'.

altgriechische



In the South (ancient Greek), this Rune approaches the Latin N in contrast to the North.

The "Nauth, Noth" Rune According to Guido von List (1907)

 nauth[1] = need/adversity/misery [*noth*], *norn*, Compulsion-of-Fate/Destiny [*Schicksalszwang*].

An Eighth is suitable for me, and certainly for All,
Most Necessary [*Nötigsten*] to use:
Wherever any Quarrel grows among Heroes,
I know how to settle it quickly.



"The *Noth*-Rune blooms on the Nail of the *Norn*!" This is not 'Need [*Noth*]' in today's Understanding of the Word, but rather the "Compulsion of Fate/Destiny" – which the *Norns* determine according to *Ur*-Laws [*Urgesetzen*] – thus, the organic Causality of all Events [is to be understood as being under this Nail].

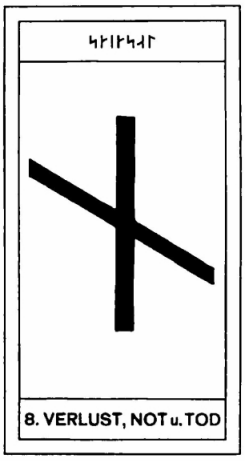


The Norns spin the threads of fate at the foot of Yggdrasil tree.

Whosoever is able to grasp the Root-Cause [*Urgrund*] of an Incident, and recognize the corresponding *Ur*-Law or Laws (the organically-legal Development) and the Subsequent-Events resulting from it, is also able to measure the Consequences that are still in the process of Development.

Thus, that person commands or masters [*beherrscht*] the Knowledge of the Future and also understands how to 'settle all Strife' through the "Coercion [*Nöthigung*] of the clearly-known Course-of-Fate/Destiny [*Schicksalsganges*]". Therefore: "Use Thy Fate/Destiny [*Schicksal*], do not oppose it!"

The "Noth, Nauth" Rune According to E.T. Kurtzahn (1924)



Exoterically: Need/Hardship and Death, Loss/Defeat [*Not und Tod, Verlust*].
Esoterically: Fate/Destiny, *Norn*, Metamorphosis [*Schicksal, Norne, Verwandlung*].
Generally: inevitable Fate/Destiny [*unabwendbares Schicksal*].

This Rune brings Need/Hardship/Adversity & Death [*Not und Tod*] and thereby quickly settles "the Quarrel among the Heroes". One should not forget, however, that Need/Hardship/Adversity and Death are temporal (i.e. not eternal), and pass according to the Law of eternal Change:

- Need/Hardship/Adversity [*Not*] through the Occurrence of any reasonable Circumstances; and

[1] The German word '*nauth*' can be translated as "need, want, penury, indigence, poverty, lack of necessities; hardship, difficulty; destitution, distress, adversity, trouble, anxiety; danger, peril"

- Death [*Tod*] through a Transformation or Metamorphosis [*Verwandlung*], through Rebirth, which will take place as often as those concerned still have any kind of wishes for earthly Life.

Need/Hardship/Adversity [*Not*], no matter what Kind, is a (or more correctly *the*) Main-Component of every Human-Life, which no one can escape – just like Death.

Therefore this *Norn*-Rune signifies the Fate/Destiny which suddenly and inexorably falls upon someone! This is the Rune of the 'great Test [*großen Prüfung*]' and can be considered a Mischief-Rune [*Unheilsrune*] in purely earthly terms.

Significantly, the ᛇ *Eh*-Rune (which we will soon see) is, so to speak, its Opposite.

The "Not, Nit, Naut" Rune According to R.J. Gorsleben (1930)

Letter N and Number 8.

The Rune of Destiny, Cosmic Law and Need/Necessity. *Naut, Not, Norn*, the decapitated Trunk of a Tree; the *Norns'* Thread of Need meaning Water, Guild, Debt, Fate, Negation, and Decline.

Dr. Friedrich Teltscher's *Ur*-word is *Trennung* meaning "Separation" as well as Division, Parting, Split, Distinction.



An Eighth is my Own, to all the People
Even useful to hear in Need/Adversity [*Not*]. –
Where Hatred arises between Man and Man
I am able to settle it very quickly.

Adversity/Need/Misery and Death [*Not und Tod*], Night, *nott*, Nothingness, blank, loss, fate, *Norn*. Metamorphosis [*Verwandlung*], Necessary-Turn/Change [*Not-Wende*], that which is Unavoidable: "The *Not*-Rune is blooming on the Nail of the *Norn*."

The *Not*-Rune is the *Not*-Cross, the Anchor-of-Adversity [*Not-Anker*], the Hinge-of-Adversity [*Not-Angel*], upon which we cling between Life and Death. Here we do not understand *Not* in today's Meaning as Need/Adversity/Misery, but rather as Necessity or *Not*-Agility/Maneuverability [*Not-Wendigkeit*], Compulsion of Fate/Destiny, which the *Norns* determine following the *Ur*-Law [*Urgesetze*] that is active within every Creature.

(Note that this "*Ur*-Law" which is "active within every Creature" is related with the *Rit*- or *Rita*-Rune and is connected with one's *Rod*, one's so-called 'invulnerable Right [*unverletzbar Recht*]' emphasized in Guido von List's section on that Rune.)

This Adversity/Need/Misery [*Not*], this Necessity, comes from the Causality [*Ursächlichkeit*] of our own Doing [*Tuns*], that is to say: from our Desires [*Wollens*].

Whosoever is capable of determining the Cause of an Event or an Action also recognizes the Development of the Consequential-Events and, according to that, they are capable of adjusting and preventing them. They rule the Future and therefore also understand every Necessity-of-Fate/Destiny [*Schicksalsnotwendigkeit*] as a Relation of Cause with Effect and are therefore capable of 'Settling any dispute quickly', as the Song says.

Therefore the Rune whispers: "Use Thy Fate/Destiny, do not oppose it." In the lower Levels of Life, however, the Rune quickly enough 'settles Hatred between Man and Man' by means of Adversity/Need/Misery and Death [*Not und Tod*].

But Adversity/Need/Misery and Death [*Not und Tod*] are temporary in the eternal Changes/Exchanges of Life. However, Adversity [*Not*] also brings Transformation [*Wandelung*], Re-Birth [*Wiedergeburt*].

"*Not* breaks Iron [*Not bricht Eisen*]." This Statement is represented symbolically in this Rune as the *Is*-Rune ᛁ (the vertical line), which is the Ice- or Iron-Rune, crossed by the *Balk*-line ᛊ or 'Death-Line' going from the lower right to the upper left.



Thus, *Not* breaks the *Is* = the Self or Ego [*Ich*]! If the "Self", the Self-Will [*Ich-Wille*], the Self-Wave [*Ich-Welle*], which the *Is*-Rune represents, is broken, then Adversity [*Not*] strikes us. But whosoever knows the Cause [*Ursache*], knows how to avoid the Consequences [*Folgen*]. Use the *Naut*, the Adversity [*Not*], the Turn/Change-of-Luck as a Necessity, as the Change/Turn of Adversity for the purpose of Your Perfection.

The Rune-Image also shows the broken World-Column [*Weltsäule*], which is cut through by the Lightning-Bolt, the broken Fire-Drill. It reveals the Adversity/Need/Misery [*Not*] of the World, of the People and of the Individual, depending on the Level-of-Observation.

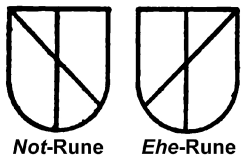
In all languages the N-sound means Precipitation/Rainfall, Decline, Negation, Annihilation, Wetness/Dampness, going into the Wet, i.e., *natus* = being born, naked, from the infinite, from the Divine into the Finite, Earth bound, non-Divine.

Therefore also Nat-ure, which can be deconstructed into 'Non-*Ur*' where *Ur* is spiritual. Nature is Negative as a Contrary to the Spirit and she (nature) already admits this with the first syllable 'nat', namely that she ne-gates. Nature is the Snake-in-the-Grass [*Natter*] that Tempts the (Human) Spirit, like the Serpent who tempts Adam (*Odem* = Spirit), under the Tree-of-Life of Nature.

The Rune *Not* is also the *Not-ung* Sword, which is attached to the Trunk of our Life and which can be pulled out only by a "Son of Wotan". This means only those who, like Wotan, recognize themselves hanging on the "windy World-Tree" by means of the Runic-Consecration. The heroic Willpower succeeds in Overcoming and, in mythology, Siegfried (the chosen son of Wotan) pulls *Notung* (his Sword-of-Knowledge) from the Trunk of the *Is*-World-Tree.

Not causes us to be creative (or as we say in English "Necessity is the mother of invention") and therefore becomes the Driving force behind the Liberation of the Spirit from all Limitations of the body. Only by Returning to ourselves and to that which is 'our own' can we turn the tide of Adversity [*Not*] into Necessity [*Not-wendigkeit*].

The *Not*- or *Nit*-Rune is the opposite, or the demonic side, of the *Ehe*-Rune or Marriage-Rune. Whosoever does not voluntarily bow to the Law of the "Marriage [*Ehe*]" is burdened by Fate/Destiny with the *Not*-Rune. They succumb to the healing Compulsion of Necessity (that is *Not*-Agility/Maneuverability [*Not-Wendigkeit*] or of the 'Adversity-I-Turn-Around-Today [*Not-wende-ich-heut*]', which then brings the Change-of-Luck or Necessary-Turn/Change [*Not-Wende*].



The "Not, Noth, Nit, Naut" Rune According to S.A. Kummer (1932-1933)



(N) The N-Rune, Need/Adversity [*Not*], *Naut, Nit*, is the Rune of Adversity/Need/Misery and Death, Necessary-Turn/Change, the Necessity-of-Fate/Destiny [*Schicksalsnot*]; the Rune of the *Norns*, who spin the Threads-of-Fate/Destiny from Past to Present and Future. – Numerical value 8.

The Compulsion of Fate/Destiny, the Imperative which helps to remove the self-created Need-Test [*Notprüfung*], therefore it is said:

- "Use thy Fate/Destiny, do not oppose it",
- "*Not* knows no Imperative", and
- "*Not* breaks Iron *[Not bricht Eisen]*".

Not guides the Transformation to higher spiritual levels, including the astral Plane, as well as to Rebirth. Therefore *Not* serves your Higher-Development and Refinement.

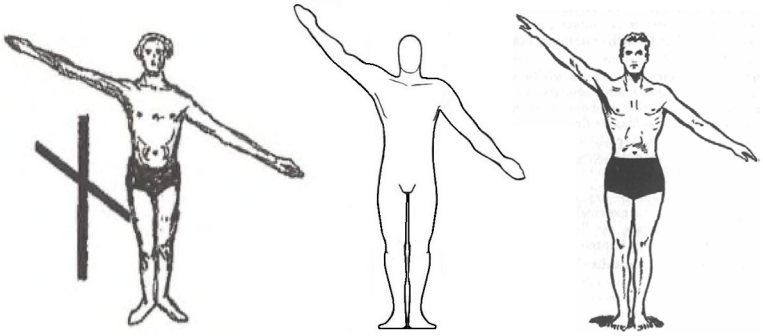
Not is Negation, Destruction. Only the one who deeply knows themselves, who recognizes themselves, who draws the *Notung* Sword, who releases or frees their Self [*Ich*] from *Not*, can then turn or change their *Not*.

Those who consciously position and use this Rune for the Salvation of others will bring much Relief and Healing to their Humanity, thereby reducing their own Need-Test [*Notprüfung*].

The ᚾ *Not*-Rune is the Demonic of the ᛖ *Eh*-Rune.

Motto: "Become a true Helper & Healer and you will grow-above Need/Adversity & Death [*Not und Tod*]."

Full Body Rune Exercise(s):



Facing North, the Practitioner, again, takes the *Ich*-Rune-Position, and does the Breathing-Exercises.

Then they raise their right Arm sideways diagonally upwards, and their left arm sideways downwards, the Fingers stretched out. Now, one is in the position of the *Not*-Rune.

The radio-like Waves of the Universe now enter one's Body through the Head and right Hand, unite and flood down the Spine into the Sympathetic-Nerves and the Solar-Plexus. One hums and sings the "n" sound.

Its subtle Universal-Waves [*feinen Allwellen*] sound in the Solar-Plexus and suddenly become apparent to the pure Student as Advice/Counsel [*Rat*], Concepts, Thoughts and Hunches. One receives the Power to arbitrate Envy/Jealousy, Hatred and Strife among the People, as well as to alleviate the Distress [*Not*] of one's Brothers and Sisters.

After the Practice, the Practitioner remains in great Peace and awaits an Answer. With pure, noble Feeling, the high Magic of the *Not*-Rune will open up to the Practitioner: one's Need-Test [*Not-Prüfung*], one's *Garma*, as well as one's Past, Present and Future will be revealed.

In order to feel the *Not*-Rune in other favorable Spatial- and Electric- Directions, Kummer recommends singing the following Formula: "na-ne-ni-no-nu".

Remember: "Live your *Garma* consciously, because you cannot escape it."

Hand Rune Exercise ('Mudras' or "Rune-Grips"):



The Rune Practitioner should take up the *Ich*-Rune-Position (Military "At-Attention"); this is followed by a deep Breathing-Exercise three times, with thoughts directed toward physical and spiritual purification; which must be observed with all the Rune-Grips.

For this Grip, the Rune Practitioner should use the right Hand. One stretches the right Arm upwards, bending the Thumb of the outstretched Hand slightly, in order to form the *Not*-Rune-Grip, as Figure 8 shows.

The Rune Practitioner should hum the "*n-n-n*" sound siren-like. Thoughts are directed towards Higher-Development and Refinement.

Remember that each Rune-Grip must be repeated three times (for 3 Minutes each, followed by a short Pause in the *Ich*-Rune-Position between sets), since otherwise no satisfactory Collection of Subtle-Force [*Feinkräfte*] can be reached in the Hand-Centers.

The *Not*-Rune-Grip has a more spiritual and psychological effect, it makes one's own Need-Test [*Notprüfung*] decrease.

A cool, lukewarm or warm sensation will often be observed in the hand, similar to that of the *Ur*-Rune-Grip.

After finishing the Exercise, the collected Subtle-Forces are to be directed throughout the entire Body by conscious-willpower [*willensbewußt*]. The astral Color is dark-red.

Further Sound-Formulas are: "na-ne-ni-no-nu."

Additional Note: Kummer Gives Another Breathing Exercise

In the chapter on the ᚾ *Not*-Rune, Kummer also gives the following practices:

> In all Rune-Exercises the Student must practice great Patience. Also, they must not believe that if they practice a Rune-Position once or twice, that they will thereby receive the same great Inspirations, Clairvoyance, etc. It takes Time...
>
> Before the necessary Maturity and Higher-Development has occurred, one must be content with small Successes. Also, note that selfish people will never recognize the full Wisdom.
>
> Through many years of Practice, Study and personal Experience, Kummer has worked out the Rune-Positions in such a way that every aspiring Student will Succeed if they follow his Rules diligently. He did not take the Runes from the *Futhark* (the ancient Runic-Alphabet in Order), but instead put them together so that the Student could follow along easier and get to the Goal quickly.
>
> **Exercise:**
>
> An additional Breathing-Exercise is the following: the Student inhales through the right Nostril (counting in the Mind slowly to 12). Then push the Air down into the Belly and hold it while counting to 12. While doing so imagine how the Universal-Force [*Allkräfte*] contained in the Air penetrates into the Solar-Plexus. Then exhale through the left Nostril with the Mouth closed, counting to 12. The Student now alternates, by inhaling through the left Nostril and exhaling through the right.

The whole Exercise is to be done 7 times in a row and is to be combined with the other Breathing-Exercises every Morning and Evening.

Now the Student does this Exercise: Every two days, after Deep-Breathing (through both Nostrils), one should hold their breath for 25 seconds and then slowly expel it. For the time being one does this practice 7 times in a row. Later one tries to hold the Air for 34 seconds, and one will also have very good success with this.