Gnostic Runology – The "OS" & "OTHIL" Runes (Historically)

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The "Ans, Os, Aesc" Rune According to Friedrich Fischbach (1900)



In most Alphabets, the Character "A" stands in front, because it means 'Origin of Life [*Ursprung des Lebens*]'. But the nordic Rune is also pronounced "O". Thus we also have for the Word(s) *Athem* or *Odem* meaning 'Breathing/Breath'.

Similarly, we have *Ansen* which is an older Word for *Asen* or *Osen*, meaning '*Aesir*' or Gods. The Gods-of-Light [*Lichtgotter*] live in the East [*Osten*], where they appear in the Morning. Since they are fiery and apparently transform the Earth, they have the Root-Syllable like *Agni*, namely from *ang* = to turn/rotate.

In conformity with the Fire-Rune, we see in the *Ans*-Rune the Fire-Staff and the two Ropes, but directed downwards. Since the Rune is also called *Aesc* = Ash-Tree = Tree-of-Life, and the Gods (*Ansen*) are enthroned in it, then the Connection-of-Concepts is clear.

The "Os, As, Ask, Ast" Rune According to Guido von List (1907)



os, as, ask, ast = Gods, Mouth, Emergence [*Entstehung*], Ash-Tree, Ashes.

A Fourth I know, if someone throws my
  Arms and Legs into Binds [*Bande*]:
As soon as I sing it, I can go along,
From my Feet the Fetters fall,
  [and] the Detention comes down from my Hands.



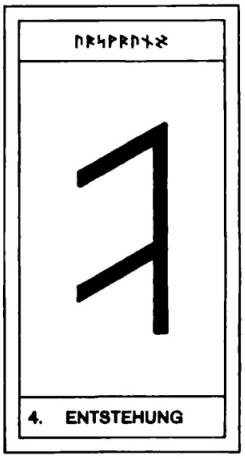
The Mouth, the 'Power of Speech' [*Macht der Rede*]! Spiritual Power working through Speech (Power-of-Suggestion) shatters physical Fetters and gives Freedom, it defeats even those conquerors who gain Advantage only through physical Power, and it destroys all Tyranny.

In the Struggle for Existence, it is always the Folk who develop their 'moral Force' [*moralischen Kraft*] who remain the permanent Victors; with the disappearance of Morality, the higher Spiritual Position is also lost, as history – "the World-Court" – proves.

Therefore: "Your Spiritual-Force [*Geisteskraft*] makes You free!"

The "Os, As, Ask" Rune According to E.T. Kurtzahn (1924)

Exoterically: Emergence [*Entstehung*].
Esoterically: Origin, Ace [*Ursprung, Ase*].
Generally: Mouth, Ash-Tree, Ashes.



The Meaning of this Rune-Name *"Os"*, is 'Mouth'. How great is the Power of Speech! However, Speech alone cannot do it... No, bold Action after short Speech!

The Fetters (which are mentioned in the Rune-Song), of course, will only fall as a Result of a boldly uttered Battle-Cry, which is Followed by Actions.

The time for Homeric Dialogues is over, today only the already mentioned Words of Goethe are valid without restrictions: "In the Beginning - was Action!"

The "Os, As, Ask" & "Othil, Odal, Adel" Runes According to R.J. Gorsleben (1930)

Letter O and Number 4.

Odil, Os, the Noble- and Leader/Guide-Character [*das Edel- und Führerzeichen*]. Odin's Head in the Golden-Helmet, revealing the pure Concept, but also the Mouth (Latin: *Os*) of God, in which the Word is at rest, not yet born [*noch ungeboren*]. Because "OS is the unborn Suitor [*Freier*]", as is mentioned in the Alphabet of St Gallen [a 9th century manuscript containing a Runic alphabet].

Dr. Friedrich Teltscher's *Ur*-word is *Gebotenes* meaning "That which is offered" as well as Advisable, Desirable, Worthwhile.



This I know as a Fourth, when an Enemy throws
Shackles [*Fessel*] around my Hands and Feet:
If I Sing the song, [then] the Ties fall from the Legs,
And the Imprisonment [*Haft*] from the Hands.

ᚨ OS Rune, *as, ask*; and ᛟ OTHIL Rune, *Odal* or *Adel* (Nobility). *Os*: Mouth, Origin, ace, birth, branch, ash tree, but in the reversed or demonic meaning also carrion (rotting flesh) & ashes.

The Latin word '*Os*' refers not only to the mouth, but also to the genitals and to the female womb. Based on this, one can recognize the importance of the knowledge of the *Ur*-Language from which we can derive all daughter languages in order to understand and explain every word of every language.

Os = mouth, womb; *tar* = procreate, "turn"; also "*Os-tar*" = procreation of the earth in Spring, at "*Ostern*" (Easter) time, during which the goddess of spring (*Eostar* or *Ostara*) had her festivities.

Ust, Ost, Ist mean becoming, emerging, appearing; to be, Sun, son. The Sun rises in the *Est* or East (*Ost*-en). The inverted form of *Ostara* strangely leads to a derivative that gives us the son of the Sun, who resurrects again at Easter time: *Ostara = Arasto, Aristo, Haristo, Charisto, Ch(a)rist*, Christ!

The *Os*-Rune is especially the Rune of Speech [*Rede*] and already indicates in the Roundness of its sound "O" that of the open Mouth.

The ᚨ OS Rune is the Counterpart-Rune to the ᚠ FA Rune. Its image is its reversal. If the *Fa*-Rune is "*Va-Runa*", the Sender, the Giver/Dispenser [*Spender*], then the *Os*-Rune, '*Osrun*' as a Female-Name, is the Receiver.

FA = *Phallus* and OS = *Schoss* (Womb)!

All Being arises from the maternal Source [*Ur-Ground* or *Urgrund*] of Love and the unfolded World withdraws again into the maternal Womb after the Aeons, in order to rise again to a new Sequence-of-Creation [*Schöpfungsreihe*], in eternal Change [*ewigem Wechsel*] between Being and Non-Being, fertilized by the Male-Spirit, the Breath of God (Origin of all).

God's Breath became this World. If God inhales or draws in his Breath, then the World does not exist any more, it returns to the One, into Himself, into God, into "Nothing".

The ᚨ *Os*-Rune is also the *Od*-Rune or the ᛟ *Othil*-Rune, the Rune of the Spirit, of the Breath, or the Breathing-Force [*Atemkraft*] of *Wotan, Uotan, Odin, Odem* (Breath), *Atem* (Breathing), *Atman*. Great Forces are attributed to it, and Knowledge of how to Produce this Force [*Kraftgewinnung*] reveals to us the Shackle-Breaking power (in the Stanza of the Rune-Song dedicated to it).

Therefore it says: “Thy Spiritual-Force, Thy greater Ethicality [*Sittlichkeit*], sets Thee free.” However, Speech alone is not enough: the Word must be followed by Action [*Tat*].

In the Shape of the ᛟ *Othil*-Rune, the *Os*-Rune has another Significance, namely of the *Ot-hil* or *Od-hil*, of Spirit-Salvation [*Geist-Heils*] or the *Odin-Wodan*-Rune, the Rune of the Noblemen, of *Odal*, of *Adel* (Nobility), which can also found in Greek and Asiatic Royal-Tombs.

It is made up of two ᚠ *Laf*-Runes = Life-Runes ᛟ crossed over in such a way that the arms touch each other in the upper angle of a rhomboid. Without the two Lower-Lines it represents the Eye of God ◇, as well as the Egg-of-the-Worlds.

From the Nobility-Rune, the Leadership-Rune, the Fire- or Crossing-Rune, originated the Number Four by Inclining it ᛋ. It is in the fourth Position of the *Futhark* , which can be recognized with ease in the old Way-of-Writing the Number 4. From it also originated the greek Letter **Ω** = Omega. If we tip the *Othil*-Rune to its left, then we see the greek Letter Alpha α ᛟ.

Alpha and Omega are the A and O, Man and Woman, Yes and No, the Source of all Being, and of the World. The *Odhins*-Rune, the *Adels*-Rune (Nobility), is the deepest one of all Runes…

In the Heraldry the Rune refers to an Ur-Nobility-Lineage, a Priestly-Lineage. *Odhil* is *Od*-Salvation [*Od-Heil*], *Od-hvil* (or *Od-vil*), which is *Od*-Will or Spirit-Will. The ᛟ *Othil* Rune represents also the Emblem of the Priest, the Headband.



Both Runes, *Os* and *Othil*, denote Families in which important things were (and still are) achieved with Speech, with the Power of the Word, whether through Trade, Science or in Teaching.

The “Os” and “Othil” Runes According to S.A. Kummer (1932-1933)



(O) The O-Rune, *Os as, ask, ans, Ase*, Branch, Ash-Tree, o = Mouth, Emergence, Ace, Birth. East, Easter, *Ostara*, the Goddess-of-Spring. *Os* = Womb, *Osrun* = that which Receives; what is conceived or generated through Spirit and Love becomes Action. – Numerical value 4.

Os is the Rune of spiritual Speech, of Persuasion and Conviction, of Might, of Language, of spiritual Linguistic-Power. Through Spiritual-Procreation (with which one convinces and overcomes all brute Force), every Force can be conquered.

It is the begotten spiritual Strength, which breaks all physical Fetters: everything Lower is destroyed, because the spiritual Word is also followed by Action. That is why the Rune-Song says: “From Word, Word develops into Word, but Actions lead to Actions.”

In the Demonic, it is Carrion and Ash.



The *Os*-Rune ᚨ is also the *Othil*-Rune ᛟ , the Rune of Breath, Life-Breath, World-Breath, the Odes, Breathing and has another meaning in this Form.

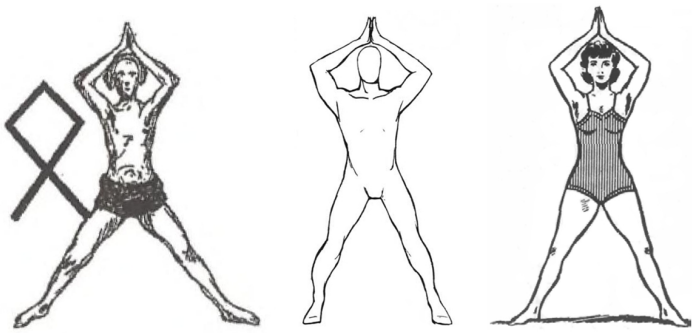
It is the *Odin-Wotan*-Rune, the Rune of Spiritual-Salvation, of the Nobility, which speaks to us through the consciously generated *Othil*-Nobility-Elite. The crossing Force under the Roof of the Universe.

Odin the *Od*-bringer, *Odebar* or *Adebar* (the Stork) who brings the Child. The *Ur*-Fire is symbolized by the divine Trinity: Life-Breath–Light–Heat. *Wotan-Odin* was a Wind-God, *Thor-Donar* was the God of Flame, of the Light, and *Frey* was the God of Fecundity.

In the Language of the Ancestors, Breath is synonymous with Spirit. Without the Breeze no Fire burns, without Breath there is no Life!

The Demonic of the *Othil*-Rune ᛟ occurs through improper creation or generation, then Wisdom and Spiritual-Salvation sinks into the Darkness of the *Ur*; protect your *Ich* from it.

Full Body Rune Exercise(s):



1) By spreading one's Legs and putting both inner Palms together above the Head so that the Fingertips are pointed upwards, the Student performs the *Othil*-Rune in this Position. Now follows rhythmic Breathing 7 times.

One notes what was stated in the previous Rune-Positions, and sings "O" while magnetizing the Aura.

Spiritual Forces are now growing within them, giving the Ability to defeat all material and physical Obstacles. One receives the Force to victoriously destroy everything animal, Satanic, and to break all Fetters or Bonds.

This Rune possesses a great magical Force which the Practitioner must grasp and learn in all its Depth. When one is sufficiently prepared, these Power Forces will seize upon one's Organs-of-Speech and then one will be astonished by the Advice/Council [*Rat*] and Realization. So I call you, dear Brother and dear Sister, to: "Set free your *Ich*, break all Fetters."

The Student, in their advanced Stage-of-Development, will now make many strange Observations and Discoveries about themselves. One feels much freer, more powerful and more confident; their Wishes and Thoughts are realized, Advice/Council [*Rat*] and Help arrive punctually and unexpectedly.

All Obstacles and Inhibitions will decline according to the Student's Maturity-Level, their magical Forces will begin to unfold and take Effect; their Appearance, their Nature, their Words will be of strong effect and greater impression on their Environment. But also a great Responsibility grows with these Forces within oneself, so that one is always aware of one's Actions and Operations as well as their Consequences.

At this Stage for them, it is called: black or white. For this reason demonic and disharmonious Influences often try to seduce the aspiring Initiates into black Magic. So one should be careful and take oneself firmly in Hand; after a few Weeks these Temptations are overcome and one then rises to become a conscious Knower, a wise Magician, an Initiate.

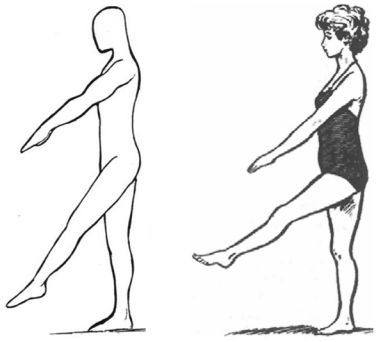
Now the Student should withdraw even more from all lower, egotistical Influences. In order to avoid Repercussions, one intensifies one's noble Longing for Harmony and Calmness; additionally one must fully Occupy oneself with a high Thought- and Wish-Life. Thus one creates a strong Force-of-Resistance against all demonic Influences, Passions and Weaknesses. It is easier for one to achieve the Goal one has set.

In this Stage-of-Development Clairvoyance, clairaudience and clairsentience as well as medium Experiences occur more often, which are easily taken advantage of by black-magical, demonic

Beings who pose as Guardian-Spirits, spiritual Advisers, great, dead Geniuses, etc., who approach the Student in order to misuse them for satanic, sinister Causes.

The Student must never forget that if high divine Forces are to be revealed in them, they must first and foremost be pure and in accordance with these Forces. The Exalted comes to the Exalted, and the pure to the Pure, and one Day this will all be revealed.

I warn the Student once again against lower, subtle Beings, that easily harass inexperienced Occultists, often pretending to be the Christ, absorbing the Student's *Od* and then doing Philandery and Nonsense with it. These *Od*-Vampires are mostly deceased Black-Magicians who are acting out their Hatred in another Sphere. The Student must vigorously repel such Approaches with the greatest Calm and Strength.



2) Regarding this Position, I will briefly mention another Rune in which a different Spatial- and Current-Direction can be felt. It is the "o", *Os*-Rune-Position ᚬ.

a) Gazing East, the Practitioner stretches their left foot out of the *Ich*-Rune-Position tightly in front, with the Tip-of-the-Foot stretched out; their left arm is stretched out obliquely downwards so that they make the following shape ᚬ when seen from the side. At the same time, they sing: "o-o-o-s".

b) After that, the Practitioner again takes the *Ich*-Rune-Position, but now gazes to the North, and stretches out the right Leg and the right Arm diagonally downwards. This again makes the *Os*-Rune shape ᚬ when seen from the side. One now sings: "o-o-o-o-s".

Meditation and Breathing-Exercises should not be missed in this Practice. There is a great magical Power in this Rune-Position; whosoever feels it in its depth receives great spiritual Might and Speaking-Power. Often it is in this Rune-Position that one is forced to Speak loudly.

The *Os*-Rune-Position is a special Absorbing- and Receiving-Position for higher astral Waves (while the reverse ᚬ *Os*-Rune is the ᚠ *Fa*-Rune, which is a positive Transmitting-Rune).

Hand Rune Exercise ('Mudras' or "Rune-Grips"):

The Rune Practitioner should take up the *Ich*-Rune-Position (Military "At-Attention"); this is followed by a deep Breathing-Exercise three times, with thoughts directed toward physical and spiritual purification; which is observed with all the Rune-Grips.



One stretches the left Arm upwards, bending the Thumb and Forefinger of the outstretched Hand so that the Fingertips touch, as Figure 4 shows.

One sings the "*O-o-o*" sound in the way already explained (raising and lowering the Tone). Soon one will feel a circulating Oscillation of Subtle-Forces [*Feinkräften*] in one's Hand.

Each Rune-Grip must be repeated three times (for 3 Minutes each, followed by a short Pause in the *Ich*-Rune-Position between sets), since otherwise no satisfactory Collection of Subtle-Force [*Feinkräfte*] can be reached in the Hand-Centers. The astral Color-Vibration is light-purple.

This is the Grip of *Odem*, Ode and Breath [*Atems*]. It has an especially beneficial spiritual effect for the conscious Rune Practitioner. Often after this Exercise the Smell of Ozone can be detected on the Hand.

After finishing the Exercise, the collected Subtle-Forces are to be directed throughout the entire Body by conscious-willpower [*willensbewußt*].