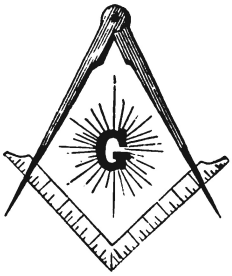
Gnostic Astrology – Virgo

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Virgo and the Terrestrial Currents

We have followed, step by step, the Heavenly current (or stream of energy) that comes from above. It began penetrating into us under the sign of Aries in the head, carrying through the Pineal Gland, Pituitary Gland, Thyroid, Parathyroid Glands and Thymus Gland, until reaching the Heart (which is the vital center and energetic Sun of our entire organism). We have seen that each one of the above Glands correspond to a Zodiacal Sign and to a Planet.



Our organism is a very special Laboratory where the current from above (from Heaven or Spirit) and from below (from the Earth or Matter) mix together. Now, in Virgo, let us penetrate into the domain of the Terrestrial currents (the stream of energy that comes from below), that is to say, of the inverted Square which is opposed to the upright Compass in the Masonic symbol. In the center of this symbol, there is the letter "G" which is the initial for *Generation*, and this is obtained only when we reach the center of the two triangles.



In Masonry, one designs the celestial quintessence (the philosophical material for the Great Work) through the *five pointed blazing star*, called the *central fire of nature* by the philosophers, which is also symbolized by the letter "G", meaning *generation of bodies*.

In the Seal of Solomon, the triangle with its apex upwards is the Spirit and the triangle with its apex downwards represents Matter. In order for this Matter to Spiritualize itself, we need to mix it properly with the other triangle (with the Heavenly currents). This is the process of the redemption of Matter, which occurs by reuniting it with those transcendental forces in the Heart (related with Leo).

Mercury, the Adrenals, the Abdomen and Transmutation

Virgo corresponds to the whole Abdomen and to the Adrenal Glands. The Planet who's house is in Virgo is Mercury. The symbol of Mercury is very interesting: it has the symbol of the Moon (the Astral current) on top, the symbol of the Sun (the Heart) in the middle and the Cross (Matter) below.



The Adrenal Glands are located in the superior part of the kidneys and secrete a substance known in Medicine as Adrenaline (or Epinephrine). This substance is a powerful agent. Adrenaline is astringent and closes the doors where the Terrestrial energetic current gathers, in order for it to develop further. The Terrestrial current needs to arrive at the Heart, already having been prepared & sublimated. This is because before converting itself into something superior & spiritual, this current has to endure the transmutation that goes on in the Heart.

When the Heavenly current is received, it is prepared in the chest. The preparation of the Terrestrial current is realized in the abdomen. Remember that Virgo covers the whole Abdomen, which is where the assimilation of nutrients occurs. So we could say that 'life is prepared' in Virgo, since it is through this process that we receive the nutrients needed in order for us to live our lives.

The most spiritual organs are those that are located in the chest & brain, while the most material organs are located in the abdomen & in the extremities. The Terrestrial current can not suddenly go to the regenerating, purifying and transforming organ (the Heart), it necessarily needs to start its preparation in the abdomen by receiving hormones from the Adrenal Glands.

Let us remember that the Sign of Virgo is represented by an M with an arrow through part of it. Note that the Sign of Scorpio also has an M as part of its sign, but that it's arrow is aimed slightly upwards as if symbolizing the sexual forces. This fact is truly eloquent. Let us explain why:



The Terrestrial magnetic current, which has risen through the legs, receives its first impulse in the sexual organs (which correspond to the sign of Scorpio). This magnetic current will reach its goal (the Heart) under the direction of Virgo, holding the arrow of the conqueror and of triumph in order to arrive at the fire of the Heart and redeem itself.

So far we have come across the current from below, and now is the moment for us to encounter it. In the East, there are true exercises for gathering the current from below and we are now entering their domain. Almost all positions in Yoga are with bent legs or squatting. Therefore, the various Yogas are materialistic, they are something from below, Lunar, and not Solar like the Rose Cross exercises (such as those given in this Zodiacal Course). We, on the other hand, stand upright, although there exists a point of similarity in the practice of the exercises for the abdomen. The practices of Virgo have been unmistakably well preserved in the dances of the east, especially in Belly Dancing, which was also implemented in ancient Initiatic Temples, but the Key to all this has been lost.

All our previous practices (from the Head to the Heart) were with the first line and had a Psychic effect. Now, the practices with the Terrestrial currents (with the energy that ascends from below) have the opposite physical effect and it is precisely in the Fire of the Heart that the amalgamation (or mixture) of the Physical and the Psychological are achieved. Nonetheless, we have Physical exponents in the chest, and we have a Psychic exponent of the Solar Plexus in the Abdomen.

Huiracocha's Practice to Gather the Energy of Virgo

The practices of the abdomen consist of doing a little bounce with the musculature of the Solar Plexus while we are lying down. This can be done in the morning or at night once one is laying in bed. We have to make the abdomen jump or bounce, impelling it, with the intention of putting into motion (or agitating) the Adrenal Glands.

A German Doctor obtained this secret years ago –we do not know from where– and published a book on this subject of abdominal gymnastics with which prodigious cures are achieved. It advises the bouncing or plunging of the abdomen.

So, then, we have to suspend all the other practices before and during a month (the time of Virgo). This is unavoidable in order to verify the practices of Virgo that we have explained, making the abdominal organ jump, making the upwards and downwards movement, so that the terrestrial magnetic current is well prepared so it can reach the Heart normally.

Summary of the Practice:

1. Every night or every morning, lay in your bed.
2. Suck in your abdomen with the intention of touching your back (or your Adrenals).
3. Then push your abdomen out with the intention of making your belly expand.
4. Then repeat these 2 exercises together with increased speed, so as to make the abdomen bounce.

Note: We can also vocalize the vowel "U", which is related with the Solar Plexus.