Gnostic Astrology – Leo 3

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The Heart and the House of Prayer

Leo is the throne of the Sun, the heart of the Zodiac. Leo governs the human heart. This is because the Sun of the organism is the Heart. The Heart-Temple is a house of Prayer. To pray is to converse with God and one certainly has to learn to converse with the Father, with Brahma.

It is necessary to learn how to Pray scientifically. The one who learns to intelligently combine Prayer with Meditation, will obtain marvelous Objective results. But it is urgent to comprehend that there are different Prayers and that their results are different. There are Prayers which are accompanied by petitions, but not all prayers are accompanied by petitions. There are very ancient Prayers which are authentic recapitulations of Cosmic events and we can experience their entire content if we meditate on each word, on each phrase, with true conscious devotion.

The Lord's Prayer is a Magical formula of immense Sacerdotal power, but it is urgent to comprehend (in depth and in a total manner) the profound meaning of each word, of each phrase, of each supplication. The Lord's Prayer is a prayer of petition, a prayer to converse with the Father who is in secret. The Lord's Prayer combined with deep Meditation produces Marvelous Objective results. Let us remember that Meditation is the daily bread of the wise...

Of all the ritual prayers the most powerful is the Lord's Prayer. As you know: Imagination, Inspiration, and Intuition are the three obligatory paths of Initiation. Master Huiracocha says the following regarding these three paths in his book *The Gnostic Church*: "The first is precisely seeing spiritual things interiorly [Imagination], and then one has to listen to the verb or the divine word [Inspiration], in order to have our spiritual organism prepared for Intuition."

This trinity is found in the first three supplications of the Lord's Prayer, namely:

1) "Our Father, who is in heaven" (that is to say, Brahma, our internal guide, God),
2) "may your name be sanctified" (that is to say, the Divine Verb, the magnificent name of God, the creative word) and
3) "May your Kingdom come to us" (that is to say, with the pronunciation of the Verb, of the mantram, the Internal Kingdom of the Holy Masters comes to us).

Herein we have the union with God, leaving everything resolved... with these three supplications Huiracocha says we have asked for something integral. And if one day we achieve it, we will already be gods, and then we will therefore no longer need to ask for anything.

THE GNOSTIC LORD'S PRAYER

[1] *Our Father, who art in heaven (I.A.O.).*

[2] *May thy name be sanctified.*

[3] *May thy Kingdom come unto us. (The internal worlds).*

[4] *May thy will be done, Lord, on Earth as it is in Heaven.*

[5] *Give us this day our daily bread.*

[6] *Forgive us our debts, as we forgive our debtors.*

[7] *And do not allow us to fall into temptation, but liberate us from all evil.*

AMEN.

NOTE: This prayer was given to us by Our Lord the Christ, and it contains seven sacred petitions so that the devotees of the path may ask for the grace of the Most High. Gnostics must do the will of the Father, on Earth as it is in Heaven, but people generally call and invoke God so that He may do their will (that is to say, they pray for what is contrary to God's Will).

Combining Prayer and Meditation

It is necessary to learn how to pray the Lord's Prayer, and to learn to converse with Brahma (the Father) who is in secret. A single Lord's Prayer well prayed and wisely combined with Meditation, is a complete Work of High Magic. **This is properly prayed in a period of one hour or in a little more than an hour.**

After the prayer, we must know how to await the reply of the Father and this means to know how to meditate, to have the mind still and in silence, empty of all thoughts, awaiting the reply of the Father. When the Mind is still, within and without, when the Mind is in Silence within and without, when the mind has freed itself from dualism, then *the new* comes to us. It is necessary to empty the mind of all kinds of thoughts, desires, passions, appetites, fears, etc., in order for the experience of what is Real to come to us. Pray, therefore, good disciple and then (with the mind very still and in silence, empty of all kinds of thoughts) await the reply from the Father: "Ask and it shall be given, knock and it shall be opened."

Preliminary Exercise to Relax the Body: We must learn to pray and Meditate profoundly. Before beginning to combine Prayer and Meditation, we should relax the body properly. We should try to totally relax all the muscles of the body and then concentrate the Attention on the tip of the nose, until we fully feel the heart pulse in that organ of smell. Then we will continue with the right ear until we feel the heart pulse in it, then we will continue with the right hand, the right foot, left foot, left hand, left ear and then back to the nose once again, fully feeling the heart pulse separately in each of these organs where we have focused the Attention.

Control over the physical body begins with control over the pulse. The pulse of the tranquil heart is felt all at once (entirely, in its totality) within the organism, but Gnostics can feel it at will in any part of the body, whether it be on the tip of the nose, an ear, an arm, a foot, etc. It has been demonstrated in practice that by acquiring the possibility of regulating, hastening or slowing down the pulse, the heartbeat can be hastened or slowed down. Control over the palpitations of the heart can never come from the heart muscles, but rather depend totally on the control of the pulse. Samadhi, Ecstasy, always occur with very slow pulsations, and in Maha Samadhi: pulsations end.

During Samadhi, the Essence or Buddhata escapes the Personality, it then becomes fused with the Being and the experience of what is Real in the Illuminating Void comes. It is only in the absence of the "I" that we can converse with the Father, Brahma. Pray and Meditate in order for you to be able to listen to the Voice of the Silence.

Practice of Combining Meditation with the Lord's Prayer: The Gnostic Disciple should lie down in a face-up position (in other words, lying on his back on the floor or in bed) legs and arms open to the right and left, in the form of a five-pointed star. This Pentagonal Star position is wonderful due to its deep meaning, but persons who for any circumstance are unable to meditate in this position, should then meditate by placing their body in the Corpse Posture (heels together, tips of the feet spread out in the form of a fan, arms unbent along the sides, placed alongside the trunk).

The eyes should be closed in order for things from the physical world to not distract us. Drowsiness properly combined with Meditation is indispensable for the success of the Meditation. Concentrate your mind on your Internal God and start praying the Lord's Prayer extremely slowly, and reflect on the sense of each petition. Become drowsy, in order to reach a profoundly sleeping state while meditating upon each word, upon each phrase, worshiping... worshiping... worshiping...

The student must not move upon waking up... be motionless and practice a retrospective exercise in order to remember the internal experiences: where were you, what places you visited while in the Astral Body, what was done, what was seen, etc. This practice must be performed as a daily habit without ever becoming weary, with the goal of seeing and hearing the great internal realities.